



BRITISH
ATHLETICS

2013 ICXC - Senior Men

Pos	Time	No	Name	County	Pos	Time	No	Name	County
1	0:33:54	4213	Frank Tickner	Avon & Somerset	91	0:37:26	4687	Olly Laws	Shropshire
2	0:34:05	4412	Steve Vernon	Gt.Manchester	92	0:37:27	4630	Andrew Peat	Nottinghamshire
3	0:34:11	4424	Andy Vernon	Hampshire	93	0:37:28	4487	Stuart Robinson	Lancashire
4	0:34:19	4576	Jonathan Taylor	North East	94	0:37:30	4540	Ryan McKinlay	Middlesex
5	0:34:32	4828	Mike Skinner	Blackheath & Bromley H	95	0:37:32	4509	Richard Brown	Lincolnshire
6	0:34:36	4820	Meles Ozbazghi	Yorkshire	96	0:37:35	4266	Will Mackay	Cambridgeshire
7	0:34:56	4708	Philip Nicholls	Staffordshire	97	0:37:36	4750	Darryl Hards	Sussex
8	0:35:00	4825	James Wilkinson	Yorkshire	98	0:37:38	4232	Carl Bradbury	Berkshire
9	0:35:09	4566	Dan Garbutt	North East	99	0:37:41	4474	Luca Russo	Kent
10	0:35:10	4512	Ben Livesey	Lincolnshire	100	0:37:42	4523	Tom Madden	Merseyside
11	0:35:12	4772	James Walsh	Warwickshire	101	0:37:42	4643	Joshua Entwistle	Oxfordshire
12	0:35:13	4423	Alex Teuten	Hampshire	102	0:37:43	4542	Richard Phillips	Middlesex
13	0:35:14	4220	Darren Deed	Bedfordshire	103	0:37:44	4443	Matthew Salt	Hertfordshire
14	0:35:15	4764	Jack Gray	Warwickshire	104	0:37:45	4244	Thomas Watkins	Berkshire
15	0:35:15	4669	Sean Fontana	Scotland West	105	0:37:45	4473	Julien Rendell	Kent
16	0:35:16	4570	Patrick Martin	North East	106	0:37:46	4760	Gary Blackman	Warwickshire
17	0:35:18	4827	Andrew Sherman	Swindon AC	107	0:37:47	4660	Max McNeil	Scotland East
18	0:35:20	4577	Lewis Timmins	North East	108	0:37:48	4257	Charlie May	Buckinghamshire
19	0:35:22	4214	Phil Wylie	Avon & Somerset	109	0:37:49	4744	James Baker	Sussex
20	0:35:31	4819	Ian Mitchell	Yorkshire	110	0:37:52	4393	David Roper	Gloucestershire
21	0:35:37	4534	Mohamud Aadan	Middlesex	111	0:37:55	4769	Toby Spencer	Warwickshire
22	0:35:37	4657	Ross Matheson	Scotland East	112	0:37:56	4741	Andrew Penney	Surrey
23	0:35:38	4717	Alex Dunbar	Suffolk	113	0:37:57	4379	Rob Warner	Essex
24	0:35:40	4242	Alex Tovey	Berkshire	114	0:38:00	4679	Joe Brocklehurst	Shropshire
25	0:35:42	4571	Richard Morrell	North East	115	0:38:02	4289	Dan Alsop	Cornwall
26	0:35:44	4652	Andrew Buchart	Scotland East	116	0:38:02	4488	Gary Shaw	Lancashire
27	0:35:47	4815	Alan Buckley	Yorkshire	117	0:38:03	4306	Kevin Bell	Cumbria
28	0:35:48	4504	Alistair Watson	Leicestershire	118	0:38:03	4726	Christopher Rooke	Suffolk
29	0:35:49	4519	Richard Burney	Merseyside	119	0:38:04	4211	James Rogers	Avon & Somerset
30	0:35:50	4742	Nick Torry	Surrey	120	0:38:05	4341	Mark Jenkin	Devon
31	0:35:51	4736	James Kelly	Surrey	121	0:38:07	4547	Hugh Torry	Middlesex
32	0:35:52	4585	David Mountford	North Wales	122	0:38:07	4548	Robert Wilson	Middlesex
33	0:35:54	4822	Jonathan Thewlis	Yorkshire	123	0:38:08	4770	Richard Taylor	Warwickshire
34	0:35:55	4655	Alex Hendry	Scotland East	124	0:38:09	4238	Simon Millett	Berkshire
35	0:35:56	4639	David Bruce	Oxfordshire	125	0:38:09	4335	James Denne	Devon
36	0:35:58	4662	John Newsom	Scotland East	126	0:38:10	4247	Tom Beedell	Buckinghamshire
37	0:35:59	4276	Matthew Barnes	Cheshire	127	0:38:11	4746	Howard Bristow	Sussex
38	0:35:59	4515	Aaron Scott	Lincolnshire	128	0:38:13	4507	Matt Blunden	Lincolnshire
39	0:36:01	4230	Daniel Woodgate	Bedfordshire	129	0:38:13	4528	Martin Svensson	Merseyside
40	0:36:05	4575	Ryan Stephenson	North East	130	0:38:13	4476	Martyn Bell	Lancashire
41	0:36:09	4545	Chris Smith	Middlesex	131	0:38:15	4304	Jed Bartlett	Cumbria
42	0:36:09	4307	James Douglas	Cumbria	132	0:38:16	4373	Angus Holford	Essex
43	0:36:09	4729	Ian Bailey	Surrey	133	0:38:17	4489	Josh Tighe	Lancashire
44	0:36:15	4470	Jason Prickett	Kent	134	0:38:18	4400	Josh Cole	Gt.Manchester
45	0:36:16	4485	Gary Priestley	Lancashire	135	0:38:19	4264	Paul Halford	Cambridgeshire
46	0:36:18	4206	Charlie Maclean	Avon & Somerset	136	0:38:19	4491	Simon Allen	Leicestershire
47	0:36:21	4479	Simon Deakin	Lancashire	137	0:38:20	4554	Nick Earl	Norfolk
48	0:36:22	4749	Will Gray	Sussex	138	0:38:22	4219	Graham Breen	Bedfordshire
49	0:36:24	4445	Edward Shepherd	Hertfordshire	139	0:38:24	4235	Jack Gregory	Berkshire
50	0:36:24	4224	John McDonnell	Bedfordshire	140	0:38:29	4422	Graham Robinson	Hampshire
51	0:36:25	4378	Grant Twist	Essex	141	0:38:30	4526	James McNally	Merseyside
52	0:36:27	4739	Paskar Owar	Surrey	142	0:38:32	4414	Matthew Bennett	Hampshire
53	0:36:29	4396	Thomas Russell	Gloucestershire	143	0:38:33	4467	Alex Gibbon	Kent
54	0:36:30	4529	James Tartt	Merseyside	144	0:38:34	4387	Richard De Camps	Gloucestershire
55	0:36:32	4721	Elliott Palmer	Suffolk	145	0:38:34	4762	Nick Corker	Warwickshire
56	0:36:33	4205	Owain Jones	Avon & Somerset	146	0:38:35	4495	Edward Highton	Leicestershire
57	0:36:38	4818	Philip Hoole	Yorkshire	147	0:38:36	4260	Steve Tuttle	Buckinghamshire
58	0:36:41	4572	Matt Nicholson	North East	148	0:38:36	4768	Harvey Speed	Wardshire
59	0:36:42	4344	Frank Bailey	Dorset	149	0:38:37	4710	James Perrin	Staffordshire
60	0:36:43	4522	Toby Loveridge	Merseyside	150	0:38:39	4743	Kieran White	Surrey
61	0:36:45	4759	Chris Bannon	Warwickshire	151	0:38:41	4468	Chris Greenwood	Kent
62	0:36:46	4752	Kevin Mason	Sussex	152	0:38:42	4221	Richard Henderson	Bedfordshire
63	0:36:46	4480	Chris Fell	Lancashire	153	0:38:43	4239	Henry Mitchell	Berkshire
64	0:36:47	4256	Chad Lambert	Buckinghamshire	154	0:38:45	4640	Aaron Burgess	Oxfordshire
65	0:36:49	4691	Paul Ward	Shropshire	155	0:38:46	4333	Shaun Antell	Devon
66	0:36:49	4569	Jack Martin	North East	156	0:38:47	4290	Tony Brewer	Cornwall
67	0:36:53	4653	Andrew Crichton	Scotland East	157	0:38:48	4649	Julian Richardson	Oxfordshire
68	0:36:56	4492	Mark Cauldwell	Leicestershire	158	0:38:49	4732	Tim Elsey	Surrey
69	0:36:57	4395	Ander Russell	Gloucestershire	159	0:38:51	4268	Mike Salt	Cambridgeshire
70	0:37:02	4501	Josh Norman	Leicestershire	160	0:38:53	4418	Mike Cummings	Hampshire
71	0:37:02	4241	Dan Thorne	Berkshire	161	0:38:54	4380	Grant Webb	Essex
72	0:37:03	4419	Mark Greenwood	Hampshire	162	0:38:55	4497	Tom Lupton	Leicestershire
73	0:37:03	4328	Jaimie Roden	Derbyshire	163	0:38:56	4248	Tom Comerford	Buckinghamshire
74	0:37:05	4465	Tom Collins	Kent	164	0:38:57	4546	Robert Thompson	Middlesex
75	0:37:06	4821	Jack Simpson	Yorkshire	165	0:38:57	4370	Dave Fewell	Essex
76	0:37:07	4478	Tom Cornthwaite	Lancashire	166	0:38:58	4383	Harold Wyber	Essex
77	0:37:09	4252	Tim Gardner	Buckinghamshire	167	0:38:58	4325	Darren King	Derbyshire
78	0:37:10	4317	Alisdair Russell	Cumbria	168	0:38:58	4702	Liam Hendicken	Staffordshire
79	0:37:11	4644	Paul Fernandez	Oxfordshire	169	0:38:59	4595	Tom Bark	Northamptonshire
80	0:37:12	4816	Mike Burrett	Yorkshire	170	0:39:02	4279	Marc Hartley	Cheshire
81	0:37:12	4654	Patryk Gierjatowicz	Scotland East	171	0:39:05	4417	Paul Cardy	Hampshire
82	0:37:13	4773	Huw Evans	West Wales	172	0:39:06	4803	Richard Lomas	Worcester
83	0:37:15	4776	Dewi Griffiths	West Wales	173	0:39:08	4295	Michael Robinson	Cornwall
84	0:37:18	4218	Matt Bergin	Bedfordshire	174	0:39:09	4748	Andrew Donno	Sussex
85	0:37:18	4441	Luke Humphreys	Hertfordshire	175	0:39:10	4684	Graham Jones	Shropshire
86	0:37:20	4514	Shane Robinson	Lincolnshire	176	0:39:11	4227	Craig Palmer	Bedfordshire
87	0:37:21	4472	Kieran Reilly	Kent	177	0:39:12	4338	Jonathan Herrera	Devon
88	0:37:21	4800	Matt Granger	Worcester	178	0:39:13	4210	Ben Pointing	Avon & Somerset
89	0:37:23	4502	Mark Powell	Leicestershire	179	0:39:14	4296	Dan Rodgers	Cornwall
90	0:37:24	4754	Kevin Rojas	Sussex	180	0:39:17	4315	Todd Oates	Cumbria

2013 ICXC - Senior Men

Pos	Time	No	Name	County	Pos	Time	No	Name	County
181	0:39:17	4254	Steve Green	Buckinghamshire	281	0:44:34	4690	Robert Sharam	Shropshire
182	0:39:18	4706	Carl Moulton	Staffordshire	282	0:44:36	4799	Matt Giles	Worcester
183	0:39:18	4582	Lee Jones	North Wales	283	0:44:38	4455	Mark Nettleton	Humberside
184	0:39:19	4314	John Mason	Cumbria	284	0:44:41	4580	Andrew Davies	North Wales
185	0:39:20	4638	James Bolton	Oxfordshire	285	0:44:59	4427	Mark Lamonby	Herefordshire
186	0:39:21	4733	Nicholas Gould	Surrey	286	0:45:05	4345	Neil Biss	Dorset
187	0:39:22	4352	Simon Munro	Dorset	287	0:45:15	4460	David Vickers	Humberside
188	0:39:24	4722	Sebastian Palmer	Suffolk	288	0:45:56	4779	Jonathon Jones	West Wales
189	0:39:24	4462	Daniel Bradley	Kent	289	0:46:33	4790	Carl Davies	Wiltshire
190	0:39:25	4287	Peter Speake	Cheshire	290	0:46:49	4826	Glyn Sanson	San Domenico
191	0:39:26	4245	Jack Williams	Berkshire	291	0:47:02	4588	Edward Partridge	North Wales
192	0:39:26	4482	Joe Johnston	Lancashire	292	0:48:39	4698	David Williams	South Wales
193	0:39:28	4265	Josh Lunn	Cambridgeshire					
194	0:39:29	4711	Dean Richardson	Staffordshire					
195	0:39:31	4532	Joe Viz	Merseyside					
196	0:39:31	4401	Rob Downs	Gt.Manchester					
197	0:39:33	4437	Andrew Cracknell	Hertfordshire					
198	0:39:35	4459	Phillip Taylor	Humberside					
199	0:39:37	4225	Andrew McMulkin	Bedfordshire					
200	0:39:40	4444	Oliver Saville	Hertfordshire					
201	0:39:41	4650	Maxwell Robinson	Oxfordshire					
202	0:39:43	4309	Steve Hebblethwaite	Cumbria					
203	0:39:44	4712	David Smith	Staffordshire					
204	0:39:45	4376	Chris Sellens	Essex					
205	0:39:47	4543	Sean Renfer	Middlesex					
206	0:39:48	4425	Jonathan Barnes	Herefordshire					
207	0:39:52	4202	David Coales	Avon & Somerset					
208	0:39:54	4621	Kyle Craib	Nottinghamshire					
209	0:39:54	4793	Peter Merritt	Wiltshire					
210	0:39:56	4446	Peter Townsend	Hertfordshire					
211	0:39:58	4524	Ben Martin	Merseyside					
212	0:39:58	4399	Matthew Clark	Gt.Manchester					
213	0:40:00	4728	Daniel Simpson	Suffolk					
214	0:40:05	4753	James McCarthy	Sussex					
215	0:40:07	4282	Chris McCarthy	Cheshire					
216	0:40:10	4448	Gregan Clarkson	Humberside					
217	0:40:12	4802	Adam Lloyd	Worcester					
218	0:40:13	4386	Richard Dare	Gloucestershire					
219	0:40:13	4593	Daniel Weston	North Wales					
220	0:40:16	4410	James Scott-Bucleuch	Gt.Manchester					
221	0:40:18	4204	Dan Jones	Avon & Somerset					
222	0:40:21	4622	Richard Darling	Nottinghamshire					
223	0:40:22	4270	Alan Turnbull	Cambridgeshire					
224	0:40:27	4493	Tim Doran	Leicestershire					
225	0:40:29	4556	Joseph Hawes	Norfolk					
226	0:40:33	4436	Wayne Bell	Hertfordshire					
227	0:40:33	4274	Dave Alexander	Cheshire					
228	0:40:42	4699	Steven Bazell	Staffordshire					
229	0:40:42	4755	Ross Skelton	Sussex					
230	0:40:44	4604	Christopher Perez	Northamptonshire					
231	0:40:48	4798	Johnny Cullen	Worcester					
232	0:40:48	4277	Tom Bush	Cheshire					
233	0:40:50	4286	Matthew Smith	Cheshire					
234	0:40:53	4234	Peter Crisp	Berkshire					
235	0:40:53	4792	Stuart Henderson	Wiltshire					
236	0:40:54	4389	Marc Fallows	Gloucestershire					
237	0:40:58	4402	Ed Fazakerley	Gt.Manchester					
238	0:40:59	4394	James Rose	Gloucestershire					
239	0:41:00	4808	Richard White	Worcester					
240	0:41:04	4293	Andrew Martin	Cornwall					
241	0:41:09	4261	Mike Chapman	Cambridgeshire					
242	0:41:15	4559	Che Plant	Norfolk					
243	0:41:15	4784	Adam Roberts	West Wales					
244	0:41:17	4636	John Atyeo	Oxfordshire					
245	0:41:17	4294	Richard Pascoe	Cornwall					
246	0:41:18	4801	Tom Kenderdine	Worcester					
247	0:41:20	4348	Graeme Furley	Dorset					
248	0:41:21	4716	Matt Cook	Suffolk					
249	0:41:24	4250	Justin Fowler	Buckinghamshire					
250	0:41:25	4322	Ashley Deeming	Derbyshire					
251	0:41:31	4337	Ian Gooding	Devon					
252	0:41:32	4598	Seb Goodall	Northamptonshire					
253	0:41:34	4255	Steve Herring	Buckinghamshire					
254	0:41:38	4796	James Baird	Worcester					
255	0:41:42	4600	Martin Johnson	Northamptonshire					
256	0:41:50	4329	Tom Roethenbaugh	Derbyshire					
257	0:41:50	4332	Dean Taylor	Derbyshire					
258	0:41:53	4774	Mike Evans	West Wales					
259	0:41:57	4447	Peter Baker	Humberside					
260	0:41:57	4558	James O'Neil	Norfolk					
261	0:42:02	4562	Robert Simmonds	Norfolk					
262	0:42:09	4297	Steven Sims	Cornwall					
263	0:42:10	4607	Phil West	Northamptonshire					
264	0:42:11	4591	Steffan Sayer	North Wales					
265	0:42:14	4340	Andrew Ingle	Devon					
266	0:42:15	4601	Danny Keating	Northamptonshire					
267	0:42:16	4449	Gary Crompton	Humberside					
268	0:42:18	4357	Owen Flage	East Wales					
269	0:42:19	4557	Joe Kirton	Norfolk					
270	0:42:24	4810	Adam Wilks	Worcester					
271	0:42:26	4390	Mike Mansfield	Gloucestershire					
272	0:42:32	4392	Dave Rantell	Gloucestershire					
273	0:42:42	4597	Dan Doherty	Northamptonshire					
274	0:42:47	4692	Greg Wilson	Shropshire					
275	0:42:51	4330	Gordon Smith	Derbyshire					
276	0:42:54	4719	Jonathan Ling	Suffolk					
277	0:43:12	4778	Daryl John	West Wales					
278	0:43:13	4606	Stephen Thompson	Northamptonshire					
279	0:43:21	4454	Lewis Holloway	Humberside					
280	0:43:43	4351	Alan Metcalfe	Dorset					

Team Results:

Pos	Points	County	Placings
1	112	North East	(4 9 16 18 25 40)
2	151	Yorkshire	(6 8 20 27 33 57)
3	266	Scotland East	(22 26 34 36 67 81)
4	418	Surrey	(30 31 43 52 112 150)
5	419	Avon & Somerset	(1 19 46 56 119 178)
6	426	Warwickshire	(11 14 61 106 111 123)
7	440	Lancashire	(45 47 63 76 93 116)
8	476	Bedfordshire	(13 39 50 84 138 152)
9	501	Middlesex	(21 41 94 102 121 122)
10	513	Merseyside	(29 54 60 100 129 141)
11	529	Hampshire	(3 12 72 140 142 160)
12	533	Sussex	(48 62 90 97 109 127)
13	537	Leicestershire	(28 68 70 89 136 146)
14	552	Kent	(44 74 87 99 105 143)
15	560	Berkshire	(24 71 98 104 124 139)
16	685	Buckinghamshire	(64 77 108 126 147 163)
17	711	Oxfordshire	(35 79 101 154 157 185)
18	732	Cumbria	(42 78 117 131 180 184)
19	788	Essex	(51 113 132 161 165 166)
20	830	Gloucestershire	(53 69 110 144 218 236)
21	844	Hertfordshire	(49 85 103 197 200 210)
22	845	Suffolk	(23 55 118 188 213 248)
23	903	Staffordshire	(7 149 168 182 194 203)
24	1000	Shropshire	(65 91 114 175 274 281)
25	1001	Gt.Manchester	(2 134 196 212 220 237)
26	1047	Cambridgeshire	(96 135 159 193 223 241)
27	1071	Cheshire	(37 170 190 215 227 232)
28	1093	Devon	(120 125 155 177 251 265)
29	1108	Cornwall	(115 156 173 179 240 245)
30	1193	Worcester	(88 172 217 231 239 246)
31	1231	West Wales	(82 83 243 258 277 288)
32	1273	North Wales	(32 183 219 264 284 291)
33	1278	Derbyshire	(73 167 250 256 257 275)
34	1394	Norfolk	(137 225 242 260 261 269)
35	1435	Northamptonshire	(169 230 252 255 263 266)
36	1502	Humberside	(198 216 259 267 279 283)