



**BRITISH  
ATHLETICS**

## 2013 ICXC - Senior Women

Pos	Time	No	Name	County	Pos	Time	No	Name	County
1	0:26:58	1055	Louise Damen	Hampshire	91	0:30:40	1227	Katie Parry	North Wales
2	0:27:06	1035	Elle Baker	Gt.Manchester	92	0:30:40	1101	Rachel Robinson	Humberside
3	0:27:24	1150	Gemma Steel	Leicestershire	93	0:30:40	1362	Georgina Bland	Surrey
4	0:27:28	1374	Emily Wicks	Surrey	94	0:30:40	1034	Dionne Allen	Gt.Manchester
5	0:27:30	1063	Stephanie Twell	Hampshire	95	0:30:41	920	Hayley Kuter	Cheshire
6	0:27:34	1372	Lily Partridge	Surrey	96	0:30:42	1240	Rebecca Hall	Northamptonshire
7	0:27:41	1441	Emma Clayton	Yorkshire	97	0:30:44	1024	Vicky Holland	Gloucestershire
8	0:27:57	1284	Rhona Auckland	Scotland East	98	0:30:46	925	Kate Spilsbury	Cheshire
9	0:27:58	1038	Jessica Coulson	Gt.Manchester	99	0:30:48	1382	Rosie Hiles	Sussex
10	0:28:03	916	Katie Brough	Cheshire	100	0:30:55	1224	Sarah Livett	North Wales
11	0:28:05	1364	Georgie Bruinvels	Surrey	101	0:30:58	1446	Julie Jagger	Yorkshire
12	0:28:10	852	Catherine Blew	Avon & Somerset	102	0:30:59	1297	Fiona Thompson	Scotland East
13	0:28:13	1215	Rosie Smith	North East	103	0:31:02	1032	Rachel Underhill	Gloucestershire
14	0:28:18	1269	Frances Briscoe	Oxfordshire	104	0:31:05	953	Clare McKeown	Cumbria
15	0:28:20	1457	Andrea Whitcombe	Swansea Harriers	105	0:31:07	1153	Georgia Ball	Lincolnshire
16	0:28:21	1183	Leigh Latimore	Middlesex	106	0:31:09	1212	Kerry Matthew	North East
17	0:28:22	957	Sarah Tunstall	Cumbria	107	0:31:11	1308	Michelle Sandison	Scotland West
18	0:28:25	1021	Rachel Felton	Gloucestershire	108	0:31:14	1125	Hannah Bateson	Lancashire
19	0:28:26	929	Olivia Walwyn	Cheshire	109	0:31:17	1343	Mandy Vernon	Staffordshire
20	0:28:31	1060	Louise Perrio	Hampshire	110	0:31:19	924	Jodie Spencer	Cheshire
21	0:28:32	1363	Hannah Brooks	Surrey	111	0:31:21	898	Lara Bromilow	Buckinghamshire
22	0:28:39	1200	Iona Lake	Norfolk	112	0:31:22	1370	Cath Lee	Surrey
23	0:28:41	1054	Amy Campbell	Hampshire	113	0:31:22	919	Jayne Joy	Cheshire
24	0:28:43	1039	Jackie Fairchild	Gt.Manchester	114	0:31:23	1206	Aiveen Fox	North East
25	0:28:48	935	Annabel Gummow	Cornwall	115	0:31:23	1323	Emily Brown	South Wales
26	0:28:50	1117	Elaine Murty	Kent	116	0:31:24	1118	Tina Oldershaw	Kent
27	0:28:52	1442	Claire Duck	Yorkshire	117	0:31:24	1190	Isobel Rea	Middlesex
28	0:28:53	1018	Jo Wilkinson	Essex	118	0:31:25	1192	Jo Singer	Middlesex
29	0:28:54	1456	Charlene Thomas	Wakefield Harriers	119	0:31:27	1057	Jennifer McLachlan	Hampshire
30	0:28:56	1318	Claire Martin	Shropshire	120	0:31:28	1033	Jane Wassell	Gloucestershire
31	0:28:56	1451	Katie Walshaw	Yorkshire	121	0:31:28	933	Heidi Cottam	Cornwall
32	0:29:02	1242	Nicole Roberts	Northamptonshire	122	0:31:29	1209	Emma Holt	North East
33	0:29:03	943	Emma Stepto	Cornwall	123	0:31:29	1403	Emily Waugh	Warwickshire
34	0:29:04	1182	Tish Jones	Middlesex	124	0:31:30	1171	Sarah Jarvis	Merseyside
35	0:29:05	1445	Annabelle Grady	Yorkshire	125	0:31:30	1089	Victoria Walker	Hertfordshire
36	0:29:07	1396	Eleanor Fowler	Warwickshire	126	0:31:32	1400	Dani Rasgauski	Warwickshire
37	0:29:07	1454	Lucy O'Gorman	Sale Harriers	127	0:31:34	1004	Cass Skinner	East Wales
38	0:29:13	1355	Claire Jacobs	Suffolk	128	0:31:34	1276	Jessica Leitch	Oxfordshire
39	0:29:18	1014	Gemma Kersey	Essex	129	0:31:35	1298	Katie Bristow	Scotland West
40	0:29:19	1115	Emily Hosker-Thornhill	Kent	130	0:31:36	1238	Rachel Cave	Northamptonshire
41	0:29:23	1058	Sarah Mercier	Hampshire	131	0:31:39	1331	Victoria Callaway	Staffordshire
42	0:29:23	1273	Melissa Hawtin	Oxfordshire	132	0:31:41	1398	Linda Howell	Warwickshire
43	0:29:28	1449	Pauline Munro	Yorkshire	133	0:31:44	1260	Liz Lilley	Nottinghamshire
44	0:29:30	1388	Emma Taylor-Gooby	Sussex	134	0:31:44	922	Diane McVey	Cheshire
45	0:29:31	1349	Sara Bird	Suffolk	135	0:31:44	1037	Lyndsay Clarke	Gt.Manchester
46	0:29:33	1296	Helen Sharpe	Scotland East	136	0:31:46	1214	Tracy Millmore	North East
47	0:29:33	1447	Samantha Johnson	Yorkshire	137	0:31:47	1173	Sarah Kearney	Merseyside
48	0:29:34	1317	Alison Lavender	Shropshire	138	0:31:48	1121	Liz Weeks	Kent
49	0:29:36	1099	Sarah Kemsall	Humberside	139	0:31:49	902	Lucy Rogers	Buckinghamshire
50	0:29:36	1207	Ashley Gibson	North East	140	0:31:50	1020	Naomi Eaton	Gloucestershire
51	0:29:40	855	Flo Dahhah	Avon & Somerset	141	0:31:51	961	Joanne Birtwistle	Derbyshire
52	0:29:44	1365	Ruth Clifton	Surrey	142	0:31:52	1429	Sally Hogan	Worcester
53	0:29:45	1134	Stephanie Roe	Lancashire	143	0:31:53	1113	Alice Heather-Hayes	Kent
54	0:29:50	1291	Jennifer McLean	Scotland East	144	0:31:53	1394	Amanda Deavy	Warwickshire
55	0:29:52	1340	Tessa Parkinson	Staffordshire	145	0:31:56	1309	Kara Tait	Scotland West
56	0:29:55	1288	Diane Lauder	Scotland East	146	0:31:57	1211	Rachel Lundgren	North East
57	0:29:56	888	Charlotte Firth	Berkshire	147	0:31:58	1376	Julie Briggs	Sussex
58	0:29:56	1110	Clare Elms	Kent	148	0:31:58	1326	Leigh James	South Wales
59	0:29:58	1181	Rebecca Glover	Middlesex	149	0:31:59	1087	Jenny Robinson	Hertfordshire
60	0:29:59	1369	Montana Jones	Surrey	150	0:32:00	1103	Carla Stansfield	Humberside
61	0:30:00	1051	Kathryn Bailey	Hampshire	151	0:32:00	1130	Gail Griffiths	Lancashire
62	0:30:00	1289	Fiona Matheson	Scotland East	152	0:32:01	896	Samantha Amend	Buckinghamshire
63	0:30:01	1217	Josie Stone	North East	153	0:32:01	1189	Hannah Pollack	Middlesex
64	0:30:02	1301	Alex Lamond	Scotland West	154	0:32:02	891	Liz Hartney	Berkshire
65	0:30:03	1204	Kelly Rushton	Norfolk	155	0:32:02	950	Ruth Hetherington	Cumbria
66	0:30:04	1401	Sian Slade	Warwickshire	156	0:32:03	857	Charlotte Green	Avon & Somerset
67	0:30:05	1008	Debbie Appleton	Essex	157	0:32:03	1133	Janet Rashleigh	Lancashire
68	0:30:05	1444	Helen Fines	Yorkshire	158	0:32:05	861	Rebecca Pierce	Avon & Somerset
69	0:30:05	1053	Laura Brenton	Hampshire	159	0:32:06	1345	Audrey Wilson	Staffordshire
70	0:30:06	1167	Amanda Crook	Merseyside	160	0:32:08	968	Jenny Reed	Derbyshire
71	0:30:07	1216	Alex Snook	North East	161	0:32:10	1302	Hilary McGrath	Scotland West
72	0:30:07	1191	Sue Rust	Middlesex	162	0:32:15	1066	Clara Evans	Herefordshire
73	0:30:12	1015	Nicola Rogers	Essex	163	0:32:16	1059	Ellie Monks	Hampshire
74	0:30:14	1012	Alex Gounelas	Essex	164	0:32:17	1076	Suzanne Turvey	Herefordshire
75	0:30:16	1156	Natalie Farrow	Lincolnshire	165	0:32:17	1347	Justine Anthony	Suffolk
76	0:30:17	986	Ami Yetton	Devon	166	0:32:18	1144	Nicki Nealon	Leicestershire
77	0:30:18	1334	Kate Holt	Staffordshire	167	0:32:21	1337	Sophie Lynch	Staffordshire
78	0:30:19	1303	Jessica Oliver-Bell	Scotland West	168	0:32:23	1137	Joanne Bradford	Leicestershire
79	0:30:22	1450	Nicola Squires	Yorkshire	169	0:32:23	851	Julia Belyavin	Avon & Somerset
80	0:30:24	1023	Kate Goodhead	Gloucestershire	170	0:32:24	1081	Martha Hall	Hertfordshire
81	0:30:26	1185	Katie Meridith	Middlesex	171	0:32:26	1385	Fiona Powell	Sussex
82	0:30:27	1371	Fiona Love	Surrey	172	0:32:28	1151	Clare Stevinson	Leicestershire
83	0:30:29	1174	Kirsty Longley	Merseyside	173	0:32:29	1393	Andrea Deathridge	Warwickshire
84	0:30:31	1283	Scout Adkin	Scotland East	174	0:32:30	1163	Philippa Taylor	Lincolnshire
85	0:30:32	917	Gemma Connolly	Cheshire	175	0:32:30	1132	Helen Leigh	Lancashire
86	0:30:32	1304	Kathryn Pennel	Scotland West	176	0:32:32	1000	Jane Horler	East Wales
87	0:30:33	960	Tamara Armoush	Derbyshire	177	0:32:32	1402	Sophie Ward	Warwickshire
88	0:30:35	1046	Laura Riches	Gt.Manchester	178	0:32:33	982	Martha Neal	Devon
89	0:30:38	1086	Katherine Philp	Hertfordshire	179	0:32:37	1350	Charlotte Christensen	Suffolk
90	0:30:39	1264	Nikita Pembleton	Nottinghamshire	180	0:32:38	1414	Elizabeth Tremlett	West Wales

# 2013 ICXC - Senior Women

Pos	Time	No	Name	County	Pos	Time	No	Name	County
181	0:32:40	1399	Eloise Lee	Warwickshire	281	0:36:39	959	Fiona Alexander	Derbyshire
182	0:32:40	1031	Jane Thomas	Gloucestershire	282	0:37:02	1320	Sharon Van Onselen	Shropshire
183	0:32:41	1351	Jo Coates	Suffolk	283	0:37:03	1321	Catherine Voyce	Shropshire
184	0:32:41	1342	Debbie Thomas	Staffordshire	284	0:37:07	1096	Becky Clifton	Humberside
185	0:32:42	1312	Emily Dove	Shropshire	285	0:37:15	988	Amanda Bailey	Dorset
186	0:32:43	1419	Georgie Starkie	Wiltshire	286	0:37:26	965	Christine Howard	Derbyshire
187	0:32:44	859	Marie Kirtton	Avon & Somerset	287	0:37:28	1235	Penny Andrews	Northamptonshire
188	0:32:46	1152	Lorna Allison	Lincolnshire	288	0:37:29	1074	Ruth Stafford	Herefordshire
189	0:32:47	1280	Megan Roberts	Oxfordshire	289	0:37:59	1005	Emma Sowrey	East Wales
190	0:32:49	956	Rhiannon Silson	Cumbria	290	0:38:40	1162	Helen Robinson	Lincolnshire
191	0:32:49	1275	Ros Kelling	Oxfordshire	291	0:39:43	1319	Alison Tickner	Shropshire
192	0:32:49	941	Jenny Nash	Cornwall					
193	0:32:50	1146	Zoe Procter	Leicestershire					
194	0:32:52	860	Vivian McConnell	Avon & Somerset					
195	0:32:53	938	Lucy Mancer	Cornwall					
196	0:32:53	945	Kath Aubrey	Cumbria					
197	0:32:53	923	Liz Renondeau	Cheshire					
198	0:32:55	1418	Michelle Maxwell	Wiltshire					
199	0:32:57	1068	Katherine King	Herefordshire					
200	0:32:58	1423	Katy Anderson	Worcester					
201	0:33:00	1142	Amber Magee	Leicestershire					
202	0:33:03	1254	Catherine Charlton	Nottinghamshire					
203	0:33:04	910	Tracey McCartney	Cambridgeshire					
204	0:33:05	1356	Maureen McCarthy	Suffolk					
205	0:33:05	1140	Laura Johnson	Leicestershire					
206	0:33:07	1084	Jo Kent	Hertfordshire					
207	0:33:07	1336	Sarah Johnson	Staffordshire					
208	0:33:08	1129	Joanna Goorney	Lancashire					
209	0:33:09	1176	Kim McEneaney	Merseyside					
210	0:33:09	1027	Louise McRitchie	Gloucestershire					
211	0:33:10	932	Rachel Baker	Cornwall					
212	0:33:12	897	Julia Austin	Buckinghamshire					
213	0:33:14	1236	Victoria Ayliff	Northamptonshire					
214	0:33:17	905	Sophie Darling	Cambridgeshire					
215	0:33:18	975	Hannah Blair	Devon					
216	0:33:20	884	Rebecca Brunsden	Berkshire					
217	0:33:21	1262	Fran Meakin	Nottinghamshire					
218	0:33:24	1274	Adrienne Hopkins	Oxfordshire					
219	0:33:26	1436	Helen Russell	Worcester					
220	0:33:26	900	Eleanor Lafferty	Buckinghamshire					
221	0:33:27	1085	Karen Murphy	Hertfordshire					
222	0:33:28	892	Helen Preedy	Berkshire					
223	0:33:32	998	Nicola Gethin	East Wales					
224	0:33:33	1175	Stephanie May	Merseyside					
225	0:33:39	1135	Beckie Taylor	Lancashire					
226	0:33:42	1098	Jane Kemshall	Humberside					
227	0:33:43	899	Sophie Delderfield	Buckinghamshire					
228	0:33:46	993	Leigh Barker	East Wales					
229	0:33:47	903	Charlotte Steptoe	Buckinghamshire					
230	0:33:47	1425	Tamara Ball	Worcester					
231	0:33:49	1177	Natalie Palin	Merseyside					
232	0:33:52	881	Emily Armstrong	Berkshire					
233	0:33:55	887	Patricia De Rosnay	Berkshire					
234	0:33:58	893	Deborah Taylor	Berkshire					
235	0:34:01	962	Rachel Chatwin	Derbyshire					
236	0:34:04	992	Judith Austerberry	East Wales					
237	0:34:10	1389	Rachel Titheradge	Sussex					
238	0:34:12	973	Michelle Willcocks	Derbyshire					
239	0:34:13	977	Alexandra Cutts	Devon					
240	0:34:15	1197	Lynn Emmett	Norfolk					
241	0:34:17	942	Donna Raggett	Cornwall					
242	0:34:18	1325	Liz Davies	South Wales					
243	0:34:20	1426	Molly Browne	Worcester					
244	0:34:21	1165	Aimee Bartley	Merseyside					
245	0:34:23	1095	Emma Brown	Humberside					
246	0:34:23	995	Sue Davies	East Wales					
247	0:34:26	1384	Rosie Inman	Sussex					
248	0:34:29	1257	Joanna Finch	Nottinghamshire					
249	0:34:38	1166	Clare Constable	Merseyside					
250	0:34:42	1164	Ruth Wilson	Lincolnshire					
251	0:34:44	1281	Nicola Smith	Oxfordshire					
252	0:34:44	1139	Esther Hope	Leicestershire					
253	0:34:44	1390	Gina Wilson	Sussex					
254	0:34:49	1346	Christine Anthony	Suffolk					
255	0:34:52	954	Emma McKnespiey	Cumbria					
256	0:35:06	1411	Helen Marshall	West Wales					
257	0:35:07	1428	Mel Hepke	Worcester					
258	0:35:09	907	Helen Grant	Cambridgeshire					
259	0:35:11	890	Susan Francis	Berkshire					
260	0:35:13	911	Nicky Morgan	Cambridgeshire					
261	0:35:15	1071	Naomi Prosser	Herefordshire					
262	0:35:16	1237	Kelly Barnett	Northamptonshire					
263	0:35:24	1430	Emma Hornby	Worcester					
264	0:35:28	1358	Ursula Ransom	Suffolk					
265	0:35:36	1073	Jane Rowlands	Herefordshire					
266	0:35:36	948	Hazel Davies	Cumbria					
267	0:35:40	963	Nicola Dick	Derbyshire					
268	0:35:42	1243	Julie Wargent	Northamptonshire					
269	0:35:47	1069	Gemma Mallett	Herefordshire					
270	0:35:47	1065	Irina Dale	Herefordshire					
271	0:35:50	1408	Caryl Davies	West Wales					
272	0:35:53	1100	Nicole Peters	Humberside					
273	0:35:55	1232	Alison Smith	North Wales					
274	0:35:57	1329	Marcia Smith	South Wales					
275	0:35:58	1407	Catherine Bleasdale	West Wales					
276	0:36:03	894	Sue Van Huyssteen	Berkshire					
277	0:36:14	1143	Lorna Muskett	Leicestershire					
278	0:36:18	1093	Samantha Allen	Humberside					
279	0:36:19	1311	Michelle Clarke	Shropshire					
280	0:36:28	1316	Juliet Hoad	Shropshire					

## Team Results:

Pos	Points	County	Placings
1	151	Hampshire	( 1 5 20 23 41 61 )
2	154	Surrey	( 4 6 11 21 52 60 )
3	190	Yorkshire	( 7 27 31 35 43 47 )
4	310	Scotland East	( 8 46 54 56 62 84 )
5	352	Gt.Manchester	( 2 9 24 88 94 135 )
6	379	Middlesex	( 16 34 59 72 81 117 )
7	417	Cheshire	( 10 19 85 95 98 110 )
8	417	North East	( 13 50 63 71 106 114 )
9	521	Kent	( 26 40 58 116 138 143 )
10	558	Gloucestershire	( 18 80 97 103 120 140 )
11	609	Scotland West	( 64 78 86 107 129 145 )
12	627	Warwickshire	( 36 66 123 126 132 144 )
13	698	Staffordshire	( 55 77 109 131 159 167 )
14	733	Avon & Somerset	( 12 51 156 158 169 187 )
15	777	Cornwall	( 25 33 121 192 195 211 )
16	782	Oxfordshire	( 14 42 128 189 191 218 )
17	814	Suffolk	( 38 45 165 179 183 204 )
18	847	Merseyside	( 70 83 124 137 209 224 )
19	852	Lancashire	( 53 108 151 157 175 208 )
20	903	Leicestershire	( 3 166 168 172 193 201 )
21	917	Cumbria	( 17 104 155 190 196 255 )
22	945	Sussex	( 44 99 147 171 237 247 )
23	960	Hertfordshire	( 89 125 149 170 206 221 )
24	1001	Northamptonshire	( 32 96 130 213 262 268 )
25	1034	Humberside	( 49 92 150 226 245 272 )
26	1061	Buckinghamshire	( 111 139 152 212 220 227 )
27	1082	Lincolnshire	( 75 105 174 188 250 290 )
28	1104	Shropshire	( 30 48 185 279 280 282 )
29	1114	Berkshire	( 57 154 216 222 232 233 )
30	1128	Derbyshire	( 87 141 160 235 238 267 )
31	1236	East Wales	( 127 176 223 228 236 246 )
32	1291	Worcester	( 142 200 219 230 243 257 )
33	1320	Herefordshire	( 162 164 199 261 265 269 )