

FRA Inter-Counties Championship 2016

Moel Eilio Saturday 14th May 2016

SENIOR AND UNDER 23 WOMEN

(Open Runners not counted in Inter-County placings)

Pos	No	Time	Name	Club (if known)	County	Cat	Pos	
							U/23	Snr
37	515	68.42	Heidi Dent	Howgill Harriers	Cumbria	FSnr		1
57	517	72.18	Lou Roberts	Ambleside AC	Cumbria	FSnr		2
58	514	72.26	Annie Conway	Ambleside AC	Cumbria	FSnr		3
65	601	72.45	Scout Adkin	Moorfoot Runners	Scotland East	FU/23	1	4
72	642	73.39	Holly Page	Calder Valley Fell Runners	Yorkshire	FSnr		5
80	516	74.58	Sarah McCormack	Ambleside AC	Cumbria	FSnr		6
85	656	75.17	Katie Walshaw	Holmfirth	Yorkshire	FSnr		7
87	602	75.26	Louise Mercer	Edinburgh University Hare and Hounds	Scotland East	FU/23	2	8
91	574	75.40	Miranda Grant	Rhedwyr Eryri Harriers	North Wales	FSnr		9
92	632	75.41	Mel Price	Mercia Fell Runners	Warwickshire	FSnr		10
94	630	76.12	Emma Gould	Mercia Fell Runners	Warwickshire	FSnr		11
95	644	76.16	Sharon Taylor		Yorkshire	FSnr		12
98	649	76.25	Claire Green	Pudsey & Bramley	Yorkshire	FSnr		13
108	603	78.42	Jill Stephen	Hunters Bog Trotters	Scotland East	FSnr		14
109	575	78.46	Sian Williams	Rhedwyr Hebog	North Wales	FSnr		15
110	539	79.01	Nichola Jackson		Lancashire	FSnr		16
112	615	79.13	Sara Willhoit	Mercia & Shrewsbury AC	Shropshire	FSnr		17
113	583	79.14	Megan Wilson	Northern Ireland	Northern Ireland	FSnr		18
118	30	80.53	Katie Beecher	Mynydd Du	-			
119	141	81.09	Kirsty Hall	Wharfedale	-			
130	513	82.51	Hannah Russell	Helm Hill	Cumbria	FU/23	3	19
137	562	83.26	Anna Hoogkamer	City of Norwich	Norfolk	FU/23	4	20
138	523	83.41	Victoria Mousley	Blackburn Harriers	Greater Manchester	FSnr		21
139	566	83.44	Emma Holt	Morpeth	North East	FSnr		22
142	563	84.23	Gemma Bradley	Saltwell Harriers	North East	FSnr		23
149	653	85.03	Georgia Malir	Leeds City AC	Yorkshire	FU/23	5	24
152	537	85.23	Carmen Byrne		Lancashire	FSnr		25
157	621	85.54	Rebecca Neill	Staffs Moorlands	Staffordshire	FU/23	6	26
159	508	86.07	Victoria Walls	Cheshire	Cheshire	FSnr		27
160	660	86.21	Jennifer Charlton	Rhedwyr Eryri Harriers	North Wales	FSnr		28
166	538	87.19	Deborah Gowans		Lancashire	FSnr		29
168	33	87.26	Kate Worthington	Rhedwyr Eryri Harriers	-			
170	594	87.36	Minna Jones-Walters	Didcot Runners	Oxfordshire	FSnr		30
173	522	88.30	Kirsty Johnson	Glossopdale Harriers	Greater Manchester	FSnr		31
174	596	88.43	Rachel Masser	Woodstock Harriers	Oxfordshire	FSnr		32
177	111	88.48	Megan Hughes	Rhedwyr Eryri Harriers	-			
178	631	89.03	Marie Matthews	Mercia Fell Runners	Warwickshire	FSnr		33
179	551	89.03	Lisa Grantham	Pensby Runners	Merseyside	FSnr		34
181	507	89.05	Rachael Lawrence	Cheshire	Cheshire	FSnr		35
188	84	90.04	Hayley Evans	Buckley	-			
192	565	90.32	Katherine Davis	North Shields Polytechnic	North East	FSnr		36
193	505	90.43	Laura Baynham-Hughes	Cheshire	Cheshire	FSnr		37
197	519	91.16	Sheridan McWilliam	Lincoln Wellington AC	Greater Manchester	FU/23	7	38
199	168	91.23	Rhian Probert	Mynydd Du	-			
200	652	91.32	Rowen Ratcliffe	Saddleworth	Greater Manchester	FSnr		39
202	573	91.40	Louise Beetlestone	Rhedwyr Eryri Harriers	North Wales	FSnr		40

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							U/23	Snr
203	540	91.44	Lisa Parker		Lancashire	FSnr		41
204	32	91.46	Nia Albiston	Rhedwyr Eryri Harriers	-			
206	581	91.58	Hazel McLaughlin	Northern Ireland	Northern Ireland	FSnr		42
209	580	92.34	Paula Mcallister	Northern Ireland	Northern Ireland	FSnr		43
210	582	92.50	Marie Troeng	Northern Ireland	Northern Ireland	FSnr		44
212	552	92.55	Anne Rosbottom	Wirral AC	Merseyside	FSnr		45
215	9	93.08	Sarah Harley	Rhedwyr Eryri Harriers	-			
216	553	93.16	Liz Whitfield	Spectrum Striders	Merseyside	FSnr		46
219	39	93.59	Janet Ashbrook	Helsby Running Club	-			
220	114	94.10	Bev Tucker	Brecon AC	-			
221	96	94.26	Rona Davies	Mynydd Du	-			
222	142	94.30	Ann-Marie Jones	Altrincham & District	-			
224	629	95.14	Rosie Davies	BRAT	Warwickshire	FSnr		47
225	87	95.15	Sue Howarth	Mercia Fell Runners	-			
226	60	95.30	Joanne Cliffe		-			
229	56	96.25	Sasha Habgood	M.D.C.	-			
230	79	96.28	Emma Collins	Denbigh Harriers	-			
231	68	97.06	Sandra Rowlands		-			
232	622	97.24	Debbie Hope	Staffs Moorlands	Staffordshire	FSnr		48
233	117	97.38	Emily Wood	Rhedwyr Eryri Harriers	-			
234	613	98.02	Kirsty Briggs	Telford Harriers	Shropshire	FSnr		49
235	614	98.17	Helen Stokes	Mercia Fell Runners	Shropshire	FSnr		50
237	26	99.42	Helen Morgan	Rhedwyr Eryri Harriers	-			
239	612	100.04	Anna Bartlett	Mercia Fell Runners	Shropshire	FSnr		51
242	506	100.10	Louisa Harrison	Cheshire	Cheshire	FSnr		52
244	564	100.24	Georgia Campbell	Jarrow and Hebburn	North East	FSnr		53
245	71	100.34	Janet Robertson	Helsby Running Club	-			
250	5	101.08	Jeanine Lewis	Rhedwyr Eryri Harriers	-			
251	145	101.16	Ceri Lane	Hebog	-			
255	588	102.39	Gina Granger	Holme Pierrepont Running Club	Nottinghamshire	FSnr		54
257	76	103.16	Claire Williams	Rhedwyr Eryri Harriers	-			
258	136	104.29	Dawn Urquhart	Buckley	-			
259	159	104.49	Hayley Turner	Rhedwyr Eryri Harriers	-			
262	550	105.04	Emily Kearney	Wirral AC	Merseyside	FU/23	8	55
263	51	105.16	Victoria Whitehead	Denbigh Harriers	-			
269	166	106.34	Jenny Williamson	Rhedwyr Eryri Harriers	-			
270	125	106.45	Claire Liversage		-			
274	172	108.52	Alexander Fletcher	Rhedwyr Eryri Harriers	-			
275	89	109.01	Virginia Bird	Garden City Runners	-			
276	152	109.08	Val Edwards		-			
277	83	109.59	Rachel Arnold	Helsby Running Club	-			
278	143	110.10	Laura Portway	Cambridge Harriers	-			
280	167	110.58	Jenny Ewels	Clwydian Range Runners	-			
283	69	116.26	Sue Buck	Helsby Running Club	-			
286	155	116.30	Ellie Salisbury	Rhedwyr Eryri Harriers	-			
287	589	117.17	Amanda Hibbert	Holme Pierrepont Running Club	Nottinghamshire	FSnr		56
288	110	122.58	Maggie Oliver	Rhedwyr Eryri Harriers	-			
289	182		Stel Farrar		-			