

TRACK EVENTS (DAY 1)

10:30 T01 Women 400m Hurdles - Heats

UK Best: Sally Gunnell, Essex Ladies AC, 52.74s, Stuttgart (GER), 1993

AAA CBP: Sally Gunnell, Essex Ladies AC, 54.65s, 1996

CAU Meeting Record: Eilidh Child, East Dist Scotland, 55.52s, 2009

HEAT 1

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	774	Hayley MCLEAN	Chelmsford AC/Essex	AAA/CAU	58.53	Q
2	833	Jessica TAPPIN	Leicestershire & Rutland	CAU/AAA	58.69	Q
3	817	Georgina ROGERS	Birchfield Harriers	AAA	60.06	Q
4	775	Christine MCMAHON	Northern Ireland	CAU/AAA	60.17	q
5	719	Mikaela HARRISON	Wakefield & District H & AC/Combined Services	AAA/CAU	63.73	
6	570	Becky MCLINDEN	Blackheath & Bromley AC/Kent	AAA/CAU	64.47	
7	652	Natalie AINGE	Cannock & Stafford AC/Staffordshire	AAA/CAU	65.20	
8	676	Leanne BUXTON	Sussex	CAU/AAA	65.21	

HEAT 2

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	759	Phillipa LOWE	Dacorum & Tring AC/Hertfordshire	AAA/CAU	59.33	Q
2	839	Jessica TURNER	Derbyshire	CAU/AAA	60.24	Q
3	563	Nisha DESAI	Trafford AC/North Eastern Counties	AAA/CAU	60.83	Q
4	677	Sarah CALCOTT	Enfield & Haringey AC/Middlesex	AAA/CAU	62.30	q
5	692	Tameika CUFF	Trafford AC/Greater Manchester	AAA/CAU	62.62	
6	848	Stephanie WILLIAMS	Herts Phoenix AC/Cambridgeshire	AAA/CAU	63.24	
7	767	Nicola MARTELL-SMITH	Colchester Harriers/Essex	AAA/CAU	64.85	
8	656	Kotryna BAJORINAITE	Horsham Blue Star H/Sussex	AAA/CAU	66.59	

10:45 T02 Men 400m Hurdles - Heats

UK Best: Kris Ababusi, Team Solent, 47.82s, Barcelona (ESP), 1992

AAA CBP: Edwin Moses, USA, 48.58s, 1979

CAU Meeting Record: Peter Crampton, Yorks, 49.90s, 1994

HEAT 1

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	485	Dai GREENE	West Wales	CAU	50.77	Q
2	250	Paul BENNETT	West Wales	CAU	52.79	Q
3	264	Chris MCALISTER	Thames Valley H/Surrey	AAA/CAU	52.80	q
4	253	Alex DALEY	Bristol & West AC/Avon & Somerset	AAA/CAU	53.91	q
5	255	Andrew DESMOND	Liverpool Harriers & AC/Merseyside	AAA/CAU	55.03	
6	268	Sean REIDY	Cambridgeshire	CAU/AAA	55.71	

HEAT 2

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	245	Sean ADAMS	Southampton AC/Hampshire	AAA/CAU	53.44	Q
2	266	Tom PARRY	Kingston AC & Poly Harriers/Surrey	AAA/CAU	54.25	Q
3	252	Gwilym COOPER	Brighton & Hove City AC/Sussex	AAA/CAU	54.98	
4	272	James WEBSTER	Cheshire	CAU/AAA	55.14	
5	147	Luke MORBEY	Birchfield Harriers	AAA	55.32	
6	258	George GRAINGER	Sussex	CAU/AAA	56.11	

HEAT 3

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	261	Connor HENDERSON	West District Scotland	CAU	53.67	Q
2	271	Lennox THOMPSON	Essex	CAU/AAA	54.60	Q
3	246	Ajibola ADEREMI	Victoria Park H & Tower Hamlets/Middlesex	AAA/CAU	55.00	
4	274	Joe YARDE	Windsor Slough Eton & H	AAA	56.65	
5	247	Connor ALDRIDGE	Northamptonshire	CAU/AAA	59.27	
6	249	Peter BENEDICKTER	Bedfordshire	CAU/AAA	60.41	

11:00 T03 Women 3000m Steeplechase - Straight Final

UK Best: Barbara Parker, City of Norwich, 9:24.24, Eugene OR (USA), 2012

AAA CBP: Tina Brown, Coventry Godiva Harriers, 10m 13.19, 2004

CAU Meeting Record: Hattie Dean, Oxfords, 10:06.50, 2008

FINAL

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	764	Emma MACREADY	Winchester & District AC/Sussex	AAA/CAU	10:26.41
2	824	Emily SMITH	Wells City/Avon & Somerset	AAA/CAU	10:52.96
3	667	Philippa BOWDEN	Bracknell AC/Berkshire	AAA/CAU	11:02.60
4	836	Catrina THOMAS	Lincoln Wellington AC	AAA	11:21.09
5	762	Eva MACK	Hillingdon AC/Middlesex	AAA/CAU	11:40.76

10:00 F01 Women Discus - Pools

UK Best: Meg Ritchie, Edinburgh Southern H, 67.48m, Walnut CA (USA), 1981

AAA CBP: Meg Ritchie, Edinburgh Southern H, 62.22m, 1981

CAU Meeting Record: Jackie McKernan, Northern Ireland, 60.52m, 1997

POOL 1

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	703	Phoebe DOWSON	Bournemouth AC/Hampshire	AAA/CAU	48.09
2	834	Georgie TAYLOR	Essex	CAU/AAA	47.50
3	682	Hollie REDMAN	Essex	CAU/AAA	44.95
4	851	Laura BRITANE	Thames Valley H/Middlesex	AAA/CAU	43.51
5	614	Hannah EVENDEN	Edinburgh AC/Yorkshire	AAA/CAU	43.33
6	805	Sarah PARSONS	City of York AC/Yorkshire	AAA/CAU	42.26
7	998	Samantha BOWEN	FDSW	IPC/F44	25.57
8	900	Amy WAREING	Loughborough Students AC	IPC/F38	23.08
9	990	Millie FORREST	Wigan & Dist H AC	IPC/F37	18.37

POOL 2

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	751	Jade LALLY	Shaftesbury Barnet Harriers/Surrey	AAA/CAU	57.65
2	753	Kirsty LAW	North District Scotland	CAU	48.87
3	727	Amy HOLDER	Windsor Slough Eton & H/Berkshire	AAA/CAU	47.90
4	846	Michaela WHITTON	Berkshire	CAU/AAA	40.46
5	847	Evie WILCOX	Andover AC	AAA	39.43
6	726	Lucy UNDERDOWN	Shaftesbury Barnet Harriers/Kent	AAA/CAU	39.30
7	722	Sarah HEWITT	Sussex	CAU/AAA	36.16
8	860	Katy-Louise PAYNE	Northamptonshire	CAU/AAA	35.51

11:20 T04 Women 800m - Heats

UK Best: Kelly Holmes, Ealing Southall & Middx, 1:56.21, Monte Carlo, 1995

AAA CBP: Kelly Holmes, Ealing & Southall AC, 1m 57.56, 1995

CAU Meeting Record: Vicky Griffiths, Mersey, 2:05.55, 2008

HEAT 1

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	601	Sally SMITH	Wakefield & District H & AC/Yorkshire	AAA/CAU	02:10.07	Q
2	598	Georgina OUTTEN	Birchfield Harriers/North Wales	AAA/CAU	02:10.10	Q
3	588	Jacqueline FAIRCHILD	Trafford AC/Greater Manchester	AAA/CAU	02:10.41	Q
4	597	Joceline MONTERIO	Essex	CAU/AAA	02:11.12	q
5	594	Katy-Ann MCDONALD	Blackheath & Bromley AC/Surrey	AAA/CAU	02:11.83	q
6	605	Nathalie WHITTY	Hampshire	CAU/AAA	02:14.55	
7	578	Corin BEARPARK	Hampshire	CAU/AAA	02:15.93	
8	596	Stephanie MITCHELL	Herne Hill Harriers	AAA	02:17.45	

HEAT 2

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	584	Melissa COURTNEY	Shaftesbury Barnet Harriers/Dorset	AAA/CAU	02:13.23	Q
2	592	Sophie MANSFIELD	Sussex	CAU/AAA	02:13.76	Q
3	600	Sabrina SINHA	Cambridge Harriers/Kent	AAA/CAU	02:13.81	Q
4	602	Alexandra TURNER	Derbyshire	CAU/AAA	02:13.92	
5	593	Michaela MAYOR	Hillingdon AC/Middlesex	AAA/CAU	02:14.04	
6	585	Fiona DE MAUNY	Walton AC/Surrey	AAA/CAU	02:14.41	
7	587	Hannah EDWARDS	Herne Hill Harriers/Surrey	AAA/CAU	02:14.86	
8	604	Ellie WELCH	Northamptonshire	CAU/AAA	02:15.86	

11:40 T05 Men 100m Ambulant - Heats

HEAT 1

WIND: +0.5 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	901	James ARNOTT	City of Plymouth AC	IPC/T46	11.82	A
2	910	Rhys JONES	Rhondda AC	IPC/T37	12.05	B
3	918	Jack WISKIN	Team Bath AC	IPC/T13	12.21	B
4	903	Graeme BALLARD	Chorley Triathlon & AC	IPC/T36	12.41	B
5	909	Jordan HOWE	FDSW	IPC/T35	13.24	C
6	913	Javaughn PARKES	-	IPC/T36	13.73	C

HEAT 2

WIND: -1.9 m/s

<i>POS</i>	<i>BIB</i>	<i>ATHLETE</i>	<i>CLUB/COUNTY</i>	<i>CHAMPS</i>	<i>PERF</i>	
1	916	Zac SHAW	Cleethorpes & District AC	IPC/T13	11.55	A
2	917	Zak SKINNER	Tonbridge AC	IPC/T13	12.03	A
3	904	Shaun BURROWS	Charnwood AC	IPC/T38	12.05	B
4	914	Ben RUSHGROVE	Bath University	IPC/T36	13.03	B
5	907	George FOX	Blackpool Wyre & Fylde AC	IPC/T37	13.09	C
6	911	Kieran MAXWELL	Darlington H & AC	IPC/T42	15.18	C

HEAT 3

WIND: +1.6 m/s

<i>POS</i>	<i>BIB</i>	<i>ATHLETE</i>	<i>CLUB/COUNTY</i>	<i>CHAMPS</i>	<i>PERF</i>	
1	103	Jonnie PEACOCK	Charnwood AC	IPC/AAA	11.04	A
2	905	Matthew ELLIS	-	IPC/T13	11.77	A
3	902	Souleyman BAH	Kingston AC & Poly Harriers	IPC/T13	11.84	A
4	906	Marcio FERNANDES	Bedford & County AC	IPC/T44	12.18	B
5	908	Wesley HOUGHTON	West Norfolk AC	IPC/T11	13.67	C

11:50 T06 Women 100m Ambulant - Heats
Heat 1

WIND: +0.2 m/s

<i>POS</i>	<i>BIB</i>	<i>ATHLETE</i>	<i>CLUB/COUNTY</i>	<i>CHAMPS</i>	<i>PERF</i>	
1	919	Libby CLEGG	Charnwood AC	IPC/T12	12.52	A
2	923	Sophie KAMLISH	Bristol & West AC	IPC/T44	13.63	A
3	930	Laura SUGAR	Birchfield Harriers	IPC/T44	13.86	A
4	931	Bethany WOODWARD	Southampton AC	IPC/T37	14.27	A
5	925	Maria LYLE	Team East Lothian	IPC/T35	14.63	B

Heat 2

WIND: +0.2 m/s

<i>POS</i>	<i>BIB</i>	<i>ATHLETE</i>	<i>CLUB/COUNTY</i>	<i>CHAMPS</i>	<i>PERF</i>	
1	927	Jenny MCLOUGHLIN	Cwmbran Harriers	IPC/T37	14.21	A
2	920	Katrina HART	Birchfield Harriers	IPC/T37	14.60	B
3	922	Stacey HURRELL	Dudley & Stourbridge H	IPC/T36	16.18	B
4	928	Julie ROGERS	Bedford & County AC	IPC/T42	17.64	B

11:55 T07 Men 100m Wheelchair - Heats
Heat 1

WIND: -0.2 m/s

<i>POS</i>	<i>BIB</i>	<i>ATHLETE</i>	<i>CLUB/COUNTY</i>	<i>CHAMPS</i>	<i>PERF</i>	
1	936	Dillon LABROOY	Weir Archer Academy	IPC/T54	15.69	A
2	932	Nathan BLACKIE	Poole AC	IPC/T34	17.52	A
3	934	Jamie CARTER	Cleethorpes & District AC	IPC/T34	17.91	A
4	933	Daniel BRAMALL	Stockport Harriers & AC	IPC/T33	19.28	B
5	943	Shaun WHITE	Sutton & Dist AC	IPC/T33	20.33	B

Heat 2

WIND: +0.2 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	935	Richard CHIASSARO	Harlow AC	IPC/T54	14.53	A
2	938	Ben ROWLINGS	Coventry Godiva H	IPC/T34	16.78	A
3	942	Isaac TOWERS	Blackpool Wyre & Fylde AC	IPC/T34	17.98	B
4	941	Rob SMITH	Coventry Godiva H	IPC/T52	19.61	B
5	940	Nick SMITH	Leeds City AC	IPC/T52	19.70	B

12:05 T08 Women 100m Wheelchair - Heats

Heat 1

WIND: +0.0 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	948	Samantha KINGHORN	Red Star AC	IPC/T53	17.47	
2	945	Hannah COCKROFT	Leeds City AC	IPC/T34	17.73	
3	946	Meggan DAWSON FARELL	Red Star AC	IPC/T54	18.93	
4	944	Kare ADENEGAN	Coventry Godiva H	IPC/T34	19.54	
5	949	Doaa SHAYEA	City of Plymouth AC	IPC/T54	19.91	
6	950	Carly TAIT	Stockport Harriers & AC	IPC/T34	20.45	
7	951	Sophie TAYLOR	Coventry Godiva H	IPC/T33	23.58	
8	947	Kylie GRIMES	-	IPC/T51	33.98	

12:10 T09 Women 100m - Heats

UK Best: Dina Asher-Smith, Blackheath & Bromley, 10.99s, Olympic Park, 2015

AAA CBP: Evelyn Ashford, USA, 11.15s, 1991

CAU Meeting Record: Endurance Ojokolo, Kent, 11.19s, w, 1997/Jodie Williams, Herts, 11.24s, 2010

HEAT 1

WIND: +1.1 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	506	Louise BLOOR	Yorkshire	CAU/AAA	11.57	Q
2	501	Finette AGYAPONG	Essex	CAU/AAA	11.85	Q
3	540	Diani WALKER	Birchfield Harriers	AAA	11.93	Q
4	511	Shereen CHARLES	Shaftesbury Barnet Harriers	AAA	12.03	q
5	533	Jade PHILLIPS	Surrey	CAU/AAA	12.15	
6	523	Megan HOULT	Kingston Upon Hull AC/Humberside	AAA/CAU	12.18	
7	515	Stacey DOWNIE	East District Scotland	CAU	12.31	
8	513	Ella DE LUCIS	Cambridgeshire	CAU/AAA	12.50	

HEAT 2

WIND: +0.7 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	531	Lukesha MORRIS	Berkshire	CAU/AAA	11.74	Q
2	509	Rebecca CAMPSALL	Yorkshire	CAU/AAA	11.80	Q
3	502	Niamh BAILEY	Corby AC/Northamptonshire	AAA/CAU	12.10	Q
4	505	Remy BARRETT	Solihull & Small Heath AC/Warwickshire	AAA/CAU	12.20	
5	521	Catherine HARDY	Gloucester AC/Gloucestershire	AAA/CAU	12.30	
6	534	Amanda SHAW	Wakefield & District H & AC	AAA	12.35	
7	864	Michelle WATSON	Surrey	CAU/AAA	12.61	
8	536	Maegan TAYLOR	Humberside	CAU/AAA	12.61	

HEAT 3 WIND: -0.1 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	514	Montell DOUGLAS	Kent	CAU/AAA	11.70	Q
2	542	Steffi WILSON	Shaftesbury Barnet Harriers/Dorset	AAA/CAU	11.96	Q
3	517	Mair EDWARDS	Hampshire	CAU/AAA	12.01	Q
4	508	Sarah BUSBY	Woodford Green & Essex L	AAA	12.02	q
5	532	Vivien OLASTUNJI	Kent	CAU/AAA	12.07	q
6	549	Sarah ADAMS	Leicestershire & Rutland	CAU/AAA	12.11	q
7	504	Ella BARRETT	Chesterfield & District AC/Derbyshire	AAA/CAU	12.16	

HEAT 4 WIND: +0.7 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	527	Shannon MALONE	Deeside AAC/North Wales	AAA/CAU	11.85	Q
2	543	Katy WYPER	Blackpool Wyre & Fylde AC/Lancashire	AAA/CAU	11.89	Q
3	525	Corrine HUMPHREYS	Essex	CAU/AAA	11.97	Q
4	524	Lily HUGHES	Nene Valley Harriers/Lincolnshire	AAA/CAU	12.13	
5	541	Yvette WESTWOOD	Yate AC/Avon & Somerset	AAA/CAU	12.14	
6	535	Anna SHORT	Brighton & Hove City AC/Sussex	AAA/CAU	12.25	
7	537	Amy TEAL	Hampshire	CAU/AAA	12.56	

12:40 T10 Men 100m - Heats

UK Best: Linford Christie, Thames Valley H, 9.87s, Stuttgart (GER), 1993

AAA CBP: Linford Christie, Thames Valley H, 9.91s, 1994

CAU Meeting Record: Andy Robertson, Avon & Som, 10.10s +1.9, 2014/Deji Tobias, Beds, 10.04s +2.6, 2014

HEAT 1 WIND: +0.3 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	15	James ELLINGTON	Newham & Essex Beagles AC	AAA	10.40	Q
2	61	Adam THOMAS	Berkshire	CAU/AAA	10.54	Q
3	30	Mark LEWIS-FRANCIS	Birchfield Harriers	AAA	10.60	Q
4	39	Samuel OSEWA	Croydon H	AAA	10.66	q
5	62	Nigel THOMAS	Thames Valley Harriers	AAA	10.75	
6	21	Omar GRANT	Harrow AC	AAA	10.76	
7	8	Seraishe CHILDS	East Wales	CAU	10.82	
8	10	Andrew COUSINS	Birchfield Harriers/Warwickshire	AAA/CAU	10.96	

HEAT 2 WIND: -0.4 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	51	Andrew ROBERTSON	Sale Harriers Manchester/Avon & Somerset	AAA/CAU	10.47	Q
2	3	Eugene AYANFUL	Essex	CAU/AAA	10.63	Q
3	35	Lee MCLAUGHLIN	Croydon H/Surrey	AAA/CAU	10.68	Q
4	44	Zanson PLUMMER	Shaftesbury Barnet Harriers	AAA	10.76	
5	67	Elijah WINN	Enfield & Haringey AC	AAA	10.91	
6	57	Leroy SLUE	Harrow AC	AAA	10.92	
7	22	Gareth HOPKINS	South Wales	CAU/AAA	10.94	
8	42	Josh PARRY	Buckinghamshire	CAU/AAA	11.26	

HEAT 3 WIND: +1.0 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	1	Harry AIKINES-ARYEETEY	Sutton & Dist AC	AAA	10.38	Q
2	14	Joseph DEWAR	Essex	CAU/AAA	10.39	Q
3	65	Dannish WALKER-KHAN	Yorkshire	CAU/AAA	10.63	Q
4	55	Owin SINCLAIR	Leicestershire & Rutland	CAU/AAA	10.67	q
5	96	Jonathan BROWNE	Kent AC	AAA	10.68	q
6	17	Luke GIBLIN	Kingston Upon Hull AC/Humberside	AAA/CAU	10.85	
7	5	Fabian BATCHELOR	Birchfield Harriers/Warwickshire	AAA/CAU	10.90	
8	18	Owen GIDDINGS	Ipswich Harriers/Suffolk	AAA/CAU	11.16	

HEAT 4 WIND: +0.5 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	27	Richard KILTY	Gateshead Harriers	AAA	10.35	Q
2	41	John OTUGADE	Hertfordshire	CAU/AAA	10.59	Q
3	36	Alex MURDOCK	Victoria Park H & Tower Hamlets	AAA	10.76	Q
4	37	Demetric NELSON	Yorkshire	CAU/AAA	10.77	
5	28	Samuel LANDBOROUGH	Wirral AC/Merseyside	AAA/CAU	10.86	
6	9	Liam CLOWES	Cheshire	CAU/AAA	10.89	
7	64	Daniel TRUEMAN	Stroud AC/Gloucestershire	AAA/CAU	11.00	

HEAT 5 WIND: +2.4 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	45	Imranur RAHMAN	City of Sheffield & Dearne AC	AAA	10.41	Q
2	4	Omari BARTON-ELLINGTON	Enfield & Haringey AC	AAA	10.46	Q
3	66	James WILLIAMS	Liverpool Harriers & AC/Merseyside	AAA/CAU	10.56	Q
4	47	Jay RARADZA	Derby AC/Derbyshire	AAA/CAU	10.61	q
5	24	Nayef IMAN	Sale Harriers Manchester/Lancashire	AAA/CAU	10.74	q
6	32	Todd MARSHALL	City of Sheffield & Dearne AC	AAA	10.79	

HEAT 6 WIND: +1.2 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	53	Sean SAFO-ANTWI	Middlesex	CAU/AAA	10.28	Q
2	13	Kyle DE ESCOFET	Birchfield Harriers/Staffordshire	AAA/CAU	10.45	Q
3	29	Confidence LAWSON	Middlesex	CAU/AAA	10.46	Q
4	68	Andre WRIGHT	Kent	CAU/AAA	10.53	q
5	69	Kane WRIGHT	Lincolnshire	CAU/AAA	10.86	
6	6	Duayne BOVELL	Blackheath & Bromley AC	AAA	10.87	

13:25 T11 Men 400m - Heats

UK Best: Iwan Thomas, Newham & Essex Beagles, 44.36s, Birmingham, 1997

AAA CBP: Roger Black, Team Solent AC, 44.39s, 1996

CAU Meeting Record: Conrad Williams, Kent, 46.01m, 2009

HEAT 1

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	158	Oliver SMITH	Chichester Runners & AC/Sussex	AAA/CAU	48.24	Q
2	134	Alhagie-Salim DRAMMEH	Combined Services	CAU/AAA	48.27	Q
3	141	Reece INGLEY	Trafford AC	AAA	49.04	Q
4	127	Finley BIGG	Brighton Phoenix/Sussex	AAA/CAU	49.22	
5	113	Jack HOCKING	Worcestershire	CAU/AAA	49.41	
6	490	Liam MCDEVITT	Berkshire	CAU/AAA	49.54	
7	151	Michael OKU-AMPOFO	Newham & Essex Beagles AC	AAA	50.44	
8	132	Dylan DOGGETT	Cambridgeshire	CAU/AAA	51.11	

HEAT 2

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	109	Nigel LEVINE	Windsor Slough Eton & H	AAA	46.72	Q
2	131	Dwayne COWAN	Hercules Wimbledon AC/Surrey	AAA/CAU	46.90	Q
3	154	Peter PHILLIPS	Herne Hill Harriers/Surrey	AAA/CAU	48.29	Q
4	165	Dale WILLIS	Corby AC/Combined Services	AAA/CAU	49.25	q
5	139	Darrellon HOLDING	Nene Valley Harriers/Hampshire	AAA/CAU	49.36	q
6	140	Elliot HOLLAND	City of Norwich AC/Norfolk	AAA/CAU	49.59	
7	99	Daniel DELL	South Wales	CAU	50.01	
8	138	Adam HASSAN	Berkshire	CAU/AAA	50.23	

HEAT 3

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	150	Efekemo OKORO	Birchfield Harriers	AAA	47.85	Q
2	137	Daniel GRAY	Kingston Upon Hull AC/Humberside	AAA/CAU	48.59	Q
3	161	Will SNOOK	Harlow AC/Essex	AAA/CAU	48.74	Q
4	164	Felix TIGHE	Sale Harriers Manchester/Greater Manchester	AAA/CAU	48.99	q
5	125	Thomas APPLEYARD	Warwickshire	CAU/AAA	49.26	q
6	149	Dereece O'CALLAGHAN	Bedfordshire	CAU/AAA	49.60	q
7	135	Caspar ELIOT	Bristol & West AC/Avon & Somerset	AAA/CAU	49.62	

HEAT 4

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	129	Tim BURN	City of Sheffield & Dearne AC/Yorkshire	AAA/CAU	48.34	Q
2	148	Greg LOUDEN	East District Scotland	CAU	48.68	Q
3	152	Matthew PAGAN	West Cheshire AC/Cheshire	AAA/CAU	49.07	Q
4	145	Jordan LAYNE	Buckinghamshire	CAU/AAA	49.61	
5	112	Rick BEARSELL	City of Sheffield & Dearne AC	AAA	49.79	
6	163	Liam THOMPSON	Sale Harriers Manchester	AAA	49.82	
7	489	Lee STEPHENSON		0 CAU/AAA	51.27	

13:55 T12 Men 800m - Heats

UK Best: Sebastian Coe, Enfield & Haringey, 1:41.73, Firenze (IT), 1981

AAA CBP: William Tanui, KENYA, 1:43.94, 1990

CAU Meeting Record: Sebastian Coe, Yorks, 1:45.4, 1980

HEAT 1

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	184	Joseph O'HARA	Bexley AC/Kent	AAA/CAU	01:53.39	Q
2	179	Stephen MACKAY	North District Scotland	CAU	01:53.46	Q
3	188	Ben ROCHFORD	Hertfordshire	CAU/AAA	01:53.51	q
4	177	Rhys LEWIS	Luton AC	AAA	01:54.76	q
5	193	Joe STRANGE	Bedfordshire	CAU/AAA	01:56.80	
6	185	Shaka PALMER	Middlesex	CAU/AAA	01:57.73	
7	180	Ramone MARTINEZ-RODNEY	Middlesex	CAU/AAA	01:58.31	

HEAT 2

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	194	Tom SYCKELMOORE	Basingstoke & Mid Hants AC/Hampshire	AAA/CAU	01:54.69	Q
2	174	Jed HAYES	Northamptonshire	CAU/AAA	01:55.23	Q
3	166	Adrian BAILES	North Eastern Counties	CAU/AAA	01:56.37	
4	192	Andrew SMITH	Yorkshire	CAU/AAA	01:56.90	
5	171	Samuel ROBINSON	Bedford & County AC/Bedfordshire	CAU/AAA	01:58.07	
6	491	Nassi DENDANI		0 AAA	01:58.47	
DNF	190	Joe SAISSI	Hillingdon AC	AAA/CAU		

HEAT 3

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	198	Mark WOODLEY	Essex	CAU/AAA	01:56.05	Q
2	479	Sam DYKES	Warrington AC	AAA	01:56.14	Q
3	187	Louis RAWLINGS	Cambridge & Coleridge AC/Cambridgeshire	AAA/CAU	01:56.26	
4	191	Paul SCANLAN	Woodford Green & Essex L/Essex	AAA/CAU	01:57.08	
5	189	Andrejs SAFARS	Medway & Maidstone AC/Kent	AAA/CAU	01:58.81	
6	170	Timothy COBDEN	Cambridgeshire	CAU/AAA	01:59.07	

14:25 T13 Men 1500m Ambulant - Straight Final

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	957	James HAMILTON	Ballymena Runners AC	IPC/T20	04:09.75
2	967	David ELLIS	Derby AC	IPC/T13	04:12.88
3	971	Adam WILSON	Yate AC	IPC/T20	04:16.81
4	969	Chris MCMILLAN	OWLS AC	IPC/T20	04:30.24
5	968	Jack GLADMAN	Stevenage & North Herts AC	IPC/T38	04:48.54
6	970	Ewan WAITE	Border Harriers & AC	IPC/T38	04:49.81

14:35 T14 Men 800m Wheelchair - Straight Final

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	936	Dillon LABROOY	Weir Archer Academy	IPC/T54	01:45.85
2	938	Ben ROWLINGS	Coventry Godiva H	IPC/T34	01:46.04
3	962	Will SMITH	City of Norwich AC	IPC/T54	01:48.36
4	942	Isaac TOWERS	Blackpool Wyre & Fylde AC	IPC/T34	01:50.98
5	941	Rob SMITH	Coventry Godiva H	IPC/T52	02:20.13
DNS	935	Richard CHIASSARO	Harlow AC	IPC/T54	00:00.00

14:40 T15 Women 800m Wheelchair - Straight Final

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	948	Samantha KINGHORN	Red Star AC	IPC/T53	02:00.66
2	945	Hannah COCKROFT	Leeds City AC	IPC/T34	02:02.94
3	944	Kare ADENEGAN	Coventry Godiva H	IPC/T34	02:10.13
4	946	Meggan DAWSON FARELL	Red Star AC	IPC/T54	02:10.90
5	950	Carly TAIT	Stockport Harriers & AC	IPC/T34	02:38.72
6	966	Paige MURRAY	Coventry Godiva H	IPC/T34	02:44.72

14:50 T16 Women 100m Hurdles - Heats

UK Best: Tiffany Porter, Woodford Green w Essex Ladies, 12.51s, Marrakech (MAR), 2014

AAA CBP: Shirley Strong, Trafford AC, 12.95s, 1983

CAU Meeting Record: Diane Allahgreen, Mersey, 13.16s & 13.15s w, 2001

HEAT 1

WIND: +1.1 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	854	Mollie COURTNEY	Gloucestershire	CAU/AAA	13.99	Q
2	806	Heather PATON	Worcester AC/Worcestershire	AAA/CAU	14.09	Q
3	717	Amber-Leigh HALL	Reading AC/Berkshire	AAA/CAU	14.23	
4	760	Zoe LUCAS	Lincolnshire	CAU/AAA	14.55	
5	502	Niamh BAILEY	Corby AC/Northamptonshire	AAA/CAU	14.65	
6	661	Tayla BENSON	Norfolk	CAU/AAA	14.81	
7	674	Gabi BURTON	Cannock & Stafford AC/Staffordshire	AAA/CAU	15.12	
8	552	Ruth ONYEKWE	Kent	CAU/AAA	16.26	

HEAT 2

WIND: +0.5 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	857	Elise LOVELL	Hastings AC/Sussex	AAA/CAU	14.06	Q
2	837	Holly THOMAS	Newham & Essex Beagles AC/Essex	AAA/CAU	14.13	Q
3	723	Lauren THOMPSON	Hertfordshire	CAU/AAA	14.35	
4	684	Stephanie CLITHEROE	Buckinghamshire	CAU/AAA	14.37	
5	802	Suzanne PALMER	Derby AC/Derbyshire	AAA/CAU	14.52	
6	739	Hannah JACKSON	Avon & Somerset	CAU/AAA	15.06	
7	681	Lucy CHAPPELL	Doncaster AC/Yorkshire	AAA/CAU	15.35	

HEAT 3 WIND: +0.0 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	826	Serita SOLOMON	Blackheath & Bromley AC/Kent	AAA/CAU	12.98	Q
2	725	Zara HOHN	City of Sheffield & Dearne AC/Yorkshire	AAA/CAU	13.74	Q
3	829	Emily STEVENS	Enfield & Haringey AC/Hertfordshire	AAA/CAU	14.17	q
4	744	Rebecca JENNINGS	Harrow AC/Sussex	AAA/CAU	14.22	q
5	865	Molly BARNETT	Rugby & Northampton AC/Warwickshire	CAU/AAA	14.40	
6	513	Ella DE LUCIS	Cambridgeshire	CAU/AAA	14.65	
7	655	Eden ASHTON	Preston Harriers/Lancashire	AAA/CAU	15.20	
DNF	729	Twinelle HOPESON	Surrey	CAU/AAA		

15:10 T17 Men 110m Hurdles - Heats

UK Best: Colin Jackson, Brecon AC, 12.91s, Stuttgart (GER), 1993

AAA CBP: Colin Jackson, Brecon AC, 13.13s, 1996

CAU Meeting Record: Gianni Frankis, Essex, 13.57s, w, 2013/Robert Newton, Notts, 13.71s, 2003

HEAT 1 WIND: +1.1 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	87	Ben REYNOLDS	Northern Ireland	CAU/AAA	13.72	Q
2	88	Khai RILEY-LA BORDE	Enfield & Haringey AC	AAA	14.07	Q
3	84	Gabriel ODUJOBI	City of Manchester AC/Middlesex	AAA/CAU	14.35	Q
4	94	James WRIGHT	Rugby & Northampton AC/Warwickshire	AAA/CAU	14.89	
5	86	Bradley REED	Essex	CAU/AAA	15.03	
6	93	Alexander WORT	Sale Harriers Manchester/Cheshire	AAA/CAU	15.23	
7	73	Patrick BARRETT	Enfield & Haringey AC/Hertfordshire	AAA/CAU	15.55	
8	79	Christopher HALL	Kingston AC & Poly Harriers/Surrey	AAA/CAU	16.17	

HEAT 2 WIND: -0.8 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	89	William SHARMAN	Belgrave Harriers/Nottinghamshire	AAA/CAU	13.68	Q
2	85	Jake PORTER	Birchfield Harriers/Warwickshire	AAA/CAU	14.19	Q
3	77	David FEENEY	Amber Valley AC/Derbyshire	AAA/CAU	14.34	Q
4	74	Andy BLOW	Hampshire	CAU/AAA	14.50	q
5	90	Rushane THOMAS	Herne Hill Harriers/Surrey	AAA/CAU	14.79	q
6	91	Luke TOWNSEND	Rugby & Northampton AC	AAA	15.19	
DNF	92	Ashley WILSON	Victoria Park H & Tower Hamlets	AAA/CAU		

15:30 T18 Men 3000m Steeplechase - Straight Final

UK Best: Mark Rowland, Brighton Phoenix, 8:07.96, Seoul, 1988

AAA CBP: Philip Barkutwo, KENYA, 8:22.22, 1990

CAU Meeting Record: Steve Hollings, Yorks, 8:34.6, 1973

FINAL

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	297	Glen WATTS	Cambridgeshire	CAU/AAA	09:05.12
2	286	Alex MILNE	Enfield & Haringey AC/Hertfordshire	AAA/CAU	09:07.70
3	288	Phil NORMAN	North Devon AC	AAA	09:12.71
4	287	Steve MITCHELL	Bristol & West AC/Cheshire	AAA/CAU	09:16.71
5	279	Chris GREENWOOD	Kent	CAU/AAA	09:17.16
6	292	James SENIOR	Norfolk	CAU/AAA	09:20.27
7	293	Daniel THORNE	Reading AC/Berkshire	AAA/CAU	09:24.49
8	283	Josh LUNN	Cambridgeshire	CAU/AAA	09:26.49
9	290	Dave RAGAN	Basingstoke & Mid Hants AC/Hampshire	AAA/CAU	09:31.97
10	284	Ryan MCKINLAY	Middlesex	CAU/AAA	09:36.13
11	282	Frazer JARDINE	Bolton Utd Harriers & AC/Greater Manchester	AAA/CAU	09:36.43
12	275	Ryan BURLING	Buckinghamshire	CAU/AAA	09:41.26
13	291	Will RIAL	Newham & Essex Beagles AC	AAA	09:41.92
14	281	Jack HUTCHENS	North Devon AC	AAA	09:43.74
15	298	Ady WHITWAM	Combined Services	CAU/AAA	09:46.34
16	276	Tom COLLINS	Kent	CAU/AAA	09:46.89
17	277	Jack DOUGLAS	Bedfordshire	CAU/AAA	09:48.52
18	295	Calum UPTON	Hampshire	CAU/AAA	09:53.15
19	296	Rob WARNER	Essex	CAU/AAA	09:55.71

15:45 T19 Men 100m - Semi Finals

UK Best: Linford Christie, Thames Valley H, 9.87s, Stuttgart (GER), 1993

AAA CBP: Linford Christie, Thames Valley H, 9.91s, 1994

CAU Meeting Record: Andy Robertson, Avon & Som, 10.10s +1.9, 2014/Deji Tobias, Beds, 10.04s +2.6, 2014

SEMI 1

WIND: +1.7 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	53	Sean SAFO-ANTWI	Middlesex	CAU/AAA	10.29 Q
2	3	Eugene AYANFUL	Essex	CAU/AAA	10.46 Q
3	29	Confidence LAWSON	Middlesex	CAU/AAA	10.47 q
4	68	Andre WRIGHT	Kent	CAU/AAA	10.50
5	36	Alex MURDOCK	Victoria Park H & Tower Hamlets	AAA	10.70
6	24	Nayef IMAN	Sale Harriers Manchester/Lancashire	AAA/CAU	10.73
DQ	14	Joseph DEWAR	Essex	CAU/AAA	111.14
DNS	51	Andrew ROBERTSON	Sale Harriers Manchester/Avon & Somerset	AAA/CAU	

SEMI 2 WIND: +0.6 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	27	Richard KILTY	Gateshead Harriers	AAA	10.20	Q
2	45	Imranur RAHMAN	City of Sheffield & Dearne AC	AAA	10.39	Q
3	41	John OTUGADE	Hertfordshire	CAU/AAA	10.47	q
4	13	Kyle DE ESCOFET	Birchfield Harriers/Staffordshire	AAA/CAU	10.57	
5	35	Lee MCLAUGHLIN	Croydon H/Surrey	AAA/CAU	10.65	
6	66	James WILLIAMS	Liverpool Harriers & AC/Merseyside	AAA/CAU	10.66	
7	47	Jay RARADZA	Derby AC/Derbyshire	AAA/CAU	10.67	
8	96	Jonathan BROWNE	Kent AC	AAA	10.70	

SEMI 3 WIND: -0.8 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	15	James ELLINGTON	Newham & Essex Beagles AC	AAA	10.25	Q
2	1	Harry AIKINES-ARYEETEY	Sutton & Dist AC	AAA	10.28	Q
3	61	Adam THOMAS	Berkshire	CAU/AAA	10.51	
4	65	Dannish WALKER-KHAN	Yorkshire	CAU/AAA	10.66	
5	39	Samuel OSEWA	Croydon H	AAA	10.67	
6	55	Owin SINCLAIR	Leicestershire & Rutland	CAU/AAA	10.73	
DQ	4	Omari BARTON-ELLINGTON	Enfield & Haringey AC	AAA		111.14
DQ	30	Mark LEWIS-FRANCIS	Birchfield Harriers	AAA		111.14

16:00 T20 Women 100m - Semi Finals

UK Best: Dina Asher-Smith, Blackheath & Bromley, 10.99s, Olympic Park, 2015

AAA CBP: Evelyn Ashford, USA, 11.15s, 1991

CAU Meeting Record: Endurance Ojokolo, Kent, 11.19s, w, 1997/Jodie Williams, Herts, 11.24s, 2010

SEMI 1 WIND: -0.7 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	506	Louise BLOOR	Yorkshire	CAU/AAA	11.53	Q
2	527	Shannon MALONE	Deeside AAC/North Wales	AAA/CAU	11.79	Q
3	509	Rebecca CAMPSALL	Yorkshire	CAU/AAA	11.87	Q
4	540	Diani WALKER	Birchfield Harriers	AAA	11.93	q
5	508	Sarah BUSBY	Woodford Green & Essex L	AAA	11.98	
6	542	Steffi WILSON	Shaftesbury Barnet Harriers/Dorset	AAA/CAU	11.98	
7	502	Niamh BALEY	Corby AC/Northamptonshire	AAA/CAU	12.17	
8	549	Sarah ADAMS	Leicestershire & Rutland	CAU/AAA	12.26	

SEMI 2 WIND: -0.8 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	514	Montell DOUGLAS	Kent	CAU/AAA	11.72	Q
2	531	Lukesha MORRIS	Berkshire	CAU/AAA	11.75	Q
3	525	Corrine HUMPHREYS	Essex	CAU/AAA	11.85	Q
4	501	Finette AGYAPONG	Essex	CAU/AAA	11.90	q
5	517	Mair EDWARDS	Hampshire	CAU/AAA	12.07	
6	532	Vivien OLASTUNJI	Kent	CAU/AAA	12.14	
7	511	Shereen CHARLES	Shaftesbury Barnet Harriers	AAA	12.17	
DQ	543	Katy WYPER	Blackpool Wyre & Fylde AC/Lancashire	AAA/CAU		

10:00 F02 Men Triple Jump - Straight Final

UK Best: Jonathan Edwards, Gateshead H, 18.29m, Gothenburg (SWE), 1995

AAA CBP: Nathan Douglas, City of Oxford AC, 17.64m, 2005

CAU Meeting Record: Jonathan Edwards, North East, 16.63m, 1989

FINAL

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	WIND
1	381	Nathan FOX	Shaftesbury Barnet Harriers	AAA	15.89	+1.6
2	394	Jonathan SAWYER	Berkshire	CAU/AAA	15.60	+1.6
3	386	Jonathan ILORI	Blackheath & Bromley AC/Surrey	AAA/CAU	15.49	+0.8
4	380	Chuko CRIBB	Buckinghamshire	CAU/AAA	14.51	+0.2
5	368	Matthew HOULDEN	Kingston AC & Poly Harriers/Cambridgeshire	AAA/CAU	14.27	+0.8
6	387	Mitchell KIRBY	Leicestershire & Rutland	CAU/AAA	14.22	+1.4
7	393	Nathan ROACH	Sale Harriers Manchester/Greater Manchester	AAA/CAU	14.11	+0.7
8	379	Kevin BROWN	Essex	CAU/AAA	13.99	+2.9
9	395	Ricardo TWUMASI	Leicestershire & Rutland	CAU/AAA	13.90	+1.5
10	392	Jason RICHARDS-THOMPSON	Victoria Park H & Tower Hamlets/Middlesex	AAA/CAU	13.65	+0.8
11	378	Joshua BONES	Scunthorpe & District AC/Humberside	AAA/CAU	13.44	+0.7
12	483	Toheeb TIJANI	Middlesex	CAU/AAA	13.31	-0.8
	379	Kevin BROWN	Essex	CAU/AAA	13.84	+1.6

16:15 T21 Men 100m Ambulant - Final

FINAL 1

WIND: +2.0 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	103	Jonnie PEACOCK	Charnwood AC	IPC/AAA	11.04
2	916	Zac SHAW	Cleethorpes & District AC	IPC/T13	11.32
3	901	James ARNOTT	City of Plymouth AC	IPC/T46	11.58
4	905	Matthew ELLIS	-	IPC/T13	11.76
5	902	Souleyman BAH	Kingston AC & Poly Harriers	IPC/T13	11.86
6	917	Zak SKINNER	Tonbridge AC	IPC/T13	12.09

FINAL 2

WIND: +1.0 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	904	Shaun BURROWS	Charnwood AC	IPC/T38	11.86
2	910	Rhys JONES	Rhondda AC	IPC/T37	11.87
3	906	Marcio FERNANDES	Bedford & County AC	IPC/T44	12.29
4	903	Graeme BALLARD	Chorley Triathlon & AC	IPC/T36	12.35
5	914	Ben RUSHGROVE	Bath University	IPC/T36	12.97

FINAL 3

WIND: +1.5 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	909	Jordan HOWE	FDSW	IPC/T35	12.82
2	907	George FOX	Blackpool Wyre & Fylde AC	IPC/T37	12.85
3	913	Javaughn PARKES	-	IPC/T36	13.24
4	911	Kieran MAXWELL	Darlington H & AC	IPC/T42	15.07
DNS	908	Wesley HOUGHTON	West Norfolk AC	IPC/T11	

16:25 T22 Women 100m Ambulant - Final

FINAL 1 WIND: +0.3 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	919	Libby CLEGG	Charnwood AC	IPC/T12	12.47
2	930	Laura SUGAR	Birchfield Harriers	IPC/T44	13.55
3	923	Sophie KAMLISH	Bristol & West AC	IPC/T44	13.60
4	927	Jenny MCLOUGHLIN	Cwmbran Harriers	IPC/T37	14.31
DNS	931	Bethany WOODWARD	Southampton AC	IPC/T37	

FINAL 2 WIND: +0.3 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	925	Maria LYLE	Team East Lothian	IPC/T35	14.38
2	920	Katrina HART	Birchfield Harriers	IPC/T37	14.61
3	922	Stacey HURRELL	Dudley & Stourbridge H	IPC/T36	16.37
4	928	Julie ROGERS	Bedford & County AC	IPC/T42	17.80

10:00 F03 Men High Jump - Straight Final

UK Best: Steve Smith, Liverpool H, 2.37m, Seoul, 1992

AAA CBP: Steve Smith, Liverpool H, 2.35m, 1995

CAU Meeting Record: Dalton Grant, Essex, 2.28m, 1992

FINAL

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	335	David SMITH	West District Scotland	CAU	2.15
2	322	Mike EDWARDS	Birchfield Harriers	AAA	2.15
3	332	Seun OKOME	Sale Harriers Manchester	AAA	2.05
4	480	Matthew ASHLEY	Nottinghamshire	CAU/AAA	2.00
5	337	David WALKER	Berkshire	CAU/AAA	2.00
6=	314	Jonathon BAILEY	Cardiff AAC	AAA	2.00
6=	317	Ryan BONIFAS	Berkshire	CAU/AAA	2.00
6=	319	Micheal COLE	Combined Services	CAU/AAA	2.00
6=	340	Matthew WATSON	Southampton AC/Hampshire	AAA/CAU	2.00
10	324	William GRIMSEY	Enfield & Haringey AC/Middlesex	AAA/CAU	2.00
11=	326	Thomas HEWES	Essex	CAU/AAA	1.90
11=	327	Scott JOHNSON	Bedfordshire	CAU/AAA	1.90
13	341	Joseph WINN	Essex	CAU/AAA	1.90
14	339	Josh WATSON	Bedfordshire	CAU/AAA	1.90
15	325	Elior HARRIS	Stevenage & North Herts AC/Hertfordshire	AAA/CAU	1.90
	334	Matt ROBERTS	Newham & Essex Beagles AC/Warwickshire	AAA/CAU	NHC

16:35 T23 Men 100m Wheelchair - Final

FINAL 1 WIND: +0.1 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	935	Richard CHIASSARO	Harlow AC	IPC/T54	14.93
2	936	Dillon LABROOY	Weir Archer Academy	IPC/T54	16.15
3	938	Ben ROWLINGS	Coventry Godiva H	IPC/T34	17.30
4	932	Nathan BLACKIE	Poole AC	IPC/T34	17.91
5	934	Jamie CARTER	Cleethorpes & District AC	IPC/T34	18.00

FINAL 2 WIND: +0.2 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	942	Isaac TOWERS	Blackpool Wyre & Fylde AC	IPC/T34	18.21
2	940	Nick SMITH	Leeds City AC	IPC/T52	19.86
3	933	Daniel BRAMALL	Stockport Harriers & AC	IPC/T33	19.87
4	941	Rob SMITH	Coventry Godiva H	IPC/T52	19.99
5	943	Shaun WHITE	Sutton & Dist AC	IPC/T33	20.30

16:45 T24 Women 100m Wheelchair - Final

FINAL WIND: +1.1 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	948	Samantha KINGHORN	Red Star AC	IPC/T53	17.77
2	945	Hannah COCKROFT	Leeds City AC	IPC/T34	18.38
3	946	Meggan DAWSON FARELL	Red Star AC	IPC/T54	19.13
4	944	Kare ADENEGAN	Coventry Godiva H	IPC/T34	19.24
5	949	Doaa SHAYEA	City of Plymouth AC	IPC/T54	20.21
6	950	Carly TAIT	Stockport Harriers & AC	IPC/T34	20.77
7	951	Sophie TAYLOR	Coventry Godiva H	IPC/T33	24.61
8	947	Kylie GRIMES	-	IPC/T51	36.27

16:55 T25 Women 100m Hurdles - Final

UK Best: Tiffany Porter, Woodford Green w Essex Ladies, 12.51s, Marrakech (MAR), 2014

AAA CBP: Shirley Strong, Trafford AC, 12.95s, 1983

CAU Meeting Record: Diane Allahgreen, Mersey, 13.16s & 13.15s w, 2001

FINAL WIND: +1.1 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	826	Serita SOLOMON	Blackheath & Bromley AC/Kent	AAA/CAU	13.01
2	857	Elise LOVELL	Hastings AC/Sussex	AAA/CAU	13.86
3	725	Zara HOHN	City of Sheffield & Dearne AC/Yorkshire	AAA/CAU	13.93
4	854	Mollie COURTNEY	Gloucestershire	CAU/AAA	13.94
5	829	Emily STEVENS	Enfield & Haringey AC/Hertfordshire	AAA/CAU	14.15
6	744	Rebecca JENNINGS	Harrow AC/Sussex	AAA/CAU	14.24
DQ	837	Holly THOMAS	Newham & Essex Beagles AC/Essex	AAA/CAU	
DNS	806	Heather PATON	Worcester AC/Worcestershire	AAA/CAU	

17:05 T26 Men 110m Hurdles - Final

UK Best: Colin Jackson, Brecon AC, 12.91s, Stuttgart (GER), 1993

AAA CBP: Colin Jackson, Brecon AC, 13.13s, 1996

CAU Meeting Record: Gianni Frankis, Essex, 13.57s, w, 2013/Robert Newton, Notts, 13.71s, 2003

FINAL WIND: +0.8 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	87	Ben REYNOLDS	Northern Ireland	CAU/AAA	13.48
2	89	William SHARMAN	Belgrave Harriers/Nottinghamshire	AAA/CAU	13.53
3	88	Khai RILEY-LA BORDE	Enfield & Haringey AC	AAA	13.81
4	85	Jake PORTER	Birchfield Harriers/Warwickshire	AAA/CAU	13.94
5	84	Gabriel ODUJOBI	City of Manchester AC/Middlesex	AAA/CAU	14.27
6	77	David FEENEY	Amber Valley AC/Derbyshire	AAA/CAU	14.43
7	90	Rushane THOMAS	Herne Hill Harriers/Surrey	AAA/CAU	14.48
8	74	Andy BLOW	Hampshire	CAU/AAA	14.52

10:00 F04 Men & Women Shot Disability/Seated - Straight Final

FINAL

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	987	Robin WOMACK	UKNetrunner	IPC/F55	9.89
2	986	Kieran TSCHERNIAWSKY	Charnwood AC	IPC/F33	8.08
3	988	Gavin YARWOOD	-	IPC/F33	7.76
4	993	Marie HAWKESWOOD	-	IPC/F55	7.49
5	992	Claire HARVEY	Ashford AC	IPC/F55	6.79
6	989	Vanessa DAOBRY	Enfield & Haringey AC	IPC/F34	6.07

10:30 F05 Men Pole Vault - Straight Final

UK Best: Steven Lewis, Newham & Essex Beagles, 5.82m, Szczecin (POL), 2012

AAA CBP: Nick Buckfield, Crawley H, 5.71m, 1996

CAU Meeting Record: Luke Cutts, Yorks, 5.45m, 2010

FINAL

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	354	Jack PHIPPS	Birchfield Harriers/Surrey	AAA/CAU	5.10
2	360	Ethan WALSH	Shaftesbury Barnet Harriers/Leicestershire & Rutland	AAA/CAU	4.65
3	350	George HEPPINSTALL	City of Sheffield & Dearne AC/Yorkshire	AAA/CAU	4.55
4	349	Nathan GARDNER	Stevenage & North Herts AC/Hertfordshire	AAA/CAU	4.45
5	347	Tom FARRES	Hampshire	CAU/AAA	4.45
6	342	Samuel BASS-COOPER	Southampton AC/Hampshire	AAA/CAU	4.45
7	353	Ian PARKINSON	Buckinghamshire	CAU/AAA	4.15
8	343	Pierre BOURGUIGNON-PITET	Middlesex	CAU/AAA	4.15
9	344	Hadrien CHAUVIN	Middlesex	CAU/AAA	3.95
	345	Matthew CULLEN	Sale Harriers Manchester/Greater Manchester	AAA/CAU	NHC
	358	Paul WALKER	South Wales	CAU	NHC
	488	Nicolas COLE	Yorkshire	CAU/AAA	NHC

11:15 F06 Women Hammer - Pools

UK Best: Sophie Hitchon, Blackburn H, 72.97m, Gateshead, 2013

AAA CBP: Lorraine Shaw, Sale Harriers Manchester, 66.97m, 2001

CAU Meeting Record: Zoe Derham, Gloucs, 64.82m, 2007

POOL 1

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	728	Sarah HOLT	Leicestershire & Rutland	CAU/AAA	61.95
2	741	Louisa JAMES	Shaftesbury Barnet Harriers/Sussex	AAA/CAU	56.78
3	666	Sara BOBASH	Staffordshire	CAU/AAA	55.32
4	776	Pippa WINGATE	Surrey	CAU/AAA	54.34
5	809	Kayleigh PRESSWELL	Buckinghamshire	CAU/AAA	53.53
6	752	Katie LAMBERT	Kidderminster & Stourport AC/Shropshire	AAA/CAU	49.61
7	827	Charlotte STALLARD	Gloucestershire	CAU/AAA	45.68
8	735	Laeken IMPEY	Buckinghamshire	CAU/AAA	45.06
9	838	Ashleigh THURMAN-NEWELL	Kent	CAU/AAA	42.36

POOL 2

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	745	Christina JONES	Bristol & West AC/Avon & Somerset	AAA/CAU	61.61
2	734	Rachel HUNTER	West District Scotland	CAU	60.13
3	859	Jessica MAYHO	Birchfield Harriers/Yorkshire	AAA/CAU	57.26
4	766	Lucy MARSHALL	Woodford Green & Essex L/Northamptonshire	AAA/CAU	57.03
5	614	Hannah EVENDEN	Edinburgh AC/Yorkshire	AAA/CAU	51.10
6	796	Maggie OKUL	Kingston Upon Hull AC/Humberside	AAA/CAU	50.84
7	694	Zoe DAKIN	South Wales	CAU	49.64
8	737	Suzanna WISE	Luton AC/Bedfordshire	AAA/CAU	44.80
9	822	Beth SEWELL	Gloucestershire	CAU/AAA	40.73

11:15 F07 Women Long Jump - Pools

UK Best: Shara Proctor, Birchfield H, 6.98m, Olympic Park, 2015

AAA CBP: Nicole Boegman, Australia, 6.82m, 1988

CAU Meeting Record: Jade Johnson, Surrey, 6.68m, w, 2001 & 6.34m, 2002

POOL 1

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	522	Shanara HIBBERT	Luton AC/Bedfordshire	AAA/CAU	5.36 -0.7 m/s
2	669	Micaela BRINDLE	Wigan & Dist H AC/Lancashire	AAA/CAU	5.41 -0.4 m/s
3	708	Jessica FOX	Cambridge & Coleridge AC/Cambridgeshire	AAA/CAU	5.25 +0.9 m/s
4	712	Emma GAYLER	Harrow AC	AAA	5.54 -0.0 m/s
5	790	Faye NICHOLSON	Bedford & County AC/East District Scotland	AAA/CAU	5.55 +0.5 m/s
6	860	Katy-Louise PAYNE	Northamptonshire	CAU/AAA	3.66 +1.5 m/s
7	924	Molly KINGSBURY	Bracknell AC	IPC/F37	3.89 +1.3 m/s
8	978	Fiona CLARKE	Birchfield Harriers	IPC/F38	3.70 -1.5 m/s

POOL 2

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	658	Angela BARRETT	Thames Valley H/Middlesex	AAA/CAU	5.86 -1.2 m/s
2	857	Elise LOVELL	Hastings AC/Sussex	AAA/CAU	5.79 -0.6 m/s
3	855	Simi FAJEMISIN	Oxford City AC/Oxfordshire	AAA/CAU	5.71 -1.0 m/s
4	723	Lauren THOMPSON	Hertfordshire	CAU/AAA	5.63 -2.1 m/s
5	619	Hannah PRINGLE	North Eastern Counties	CAU/AAA	5.47 -1.1 m/s
6	679	Alyssia CARR	Yorkshire	CAU/AAA	5.45 -1.1 m/s
7	964	Martina BARBER	Stevenage & North Herts AC	IPC/F20	4.83 -1.9 m/s
8	922	Stacey HURRELL	Dudley & Stourbridge H	IPC/F36	3.29 -0.7 m/s

12:30 F08 Men Javelin - Pools

UK Best: Steve Backley, Cambridge H, 91.46m, Auckland (NZ), 1992

AAA CBP: Steve Backley, Cambridge H, 88.14m, 1992

CAU Meeting Record: Mick Hill, Yorks, 83.60m, 1994

POOL 1

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	144	Greg MILLAR	Birchfield Harriers/Nottinghamshire	AAA/CAU	64.14
2	472	Craig LACY	Birchfield Harriers/Middlesex	AAA/CAU	60.82
3	461	Marshall CHILDS	Ipswich Harriers/Suffolk	AAA/CAU	59.40
4	458	Simon BENNETT	Woodford Green & Essex L/Devon	AAA/CAU	58.40
5	455	Adam AKEHURST	Hampshire	CAU/AAA	57.83
6	470	Allandre JOHNSON	Herne Hill Harriers/Middlesex	AAA/CAU	56.57
7	906	Marcio FERNANDES	Bedford & County AC	IPC/F44	49.02
8	890	Matthew BUSH	Fairlands Valley Spartans	IPC/F46	38.96

POOL 2

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	471	Gavin JOHNSON ASSOON	Herne Hill Harriers/Surrey	AAA/CAU	66.34
2	463	Jackson CURTIS	Marshall Milton Keynes AC	AAA	66.22
3	456	Paul ALSOPP	Yorkshire	CAU/AAA	64.50
4	459	Steve TURNOCK	Exeter Harriers/Devon	AAA/CAU	63.14
5	123	David MCKAY	Cheshire	CAU/AAA	60.97
6	460	Bonne BUWEMBO	Enfield & Haringey AC/Essex	AAA/CAU	60.13
7	457	Luke ANGELL	Team Kennet Triathlon & Athletics Club/Berkshire	AAA/CAU	55.06
8	481	Leon BAILEY	Northamptonshire	CAU/AAA	54.49
9	447	David TURNER	Lancashire	CAU/AAA	53.85
10	891	Mitchell DUTTON	St Albans AC	IPC/F38	37.28

POOL 3

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	892	Michael MELLON	Pitreavie AAC	IPC/F44	34.80

13:00 F09 Men Shot Putt - Pools

UK Best: Carl Myerscough, Blackpool & Fylde AC, 21.92m, Sacramento CA (USA), 2003

AAA CBP: Carl Myerscough, Blackpool & Fylde AC, 21.55m, 2003

CAU Meeting Record: Geoff Capes, Lincs, 21.03m, 1980

POOL 1

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	417	Youcef ZATAT	Essex	CAU/AAA	16.18
2	413	Jamie STEVENSON	Newham & Essex Beagles AC/Leicestershire & Rutland	AAA/CAU	15.78
3	410	Anthony OSHODI	Essex	CAU/AAA/	15.35
4	399	Daniel BRUNT	City of Sheffield & Dearne AC/Derbyshire	AAA/CAU	14.21
5	409	John NICHOLLS	City of Manchester AC/Cheshire	AAA/CAU	13.62
6	404	Sam HEAWOOD	Sussex	CAU/AAA/	13.54
7	979	Jonathan ADAMS	Ipswich Harriers	IPC/F35	11.16
8	982	Josh CLARK	FDSW	IPC/F37	10.64
9	981	Sean CLARE	Wigan & Dist H AC	IPC/F41	10.07
10	983	Kyron DUKE	FDSW	IPC/F41	9.70

POOL 2

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	406	Scott LINCOLN	City of York AC/Yorkshire	AAA/CAU	17.10
2	402	Chris DACK	Kingston AC & Poly Harriers/Surrey	AAA/CAU	15.01
3	412	Thomas SMITH	Wigan & Dist H AC/Lancashire	AAA/CAU	14.69
4	414	Martin TINKLER	Cambridgeshire	CAU/AAA	14.24
5	408	Jake MATTHEWS	Combined Services	CAU/AAA	13.77
6	407	Michael MARTIN	Greater Manchester	CAU/AAA	12.30
7	985	Sam RUDDOCK	Charnwood AC	IPC/F35	11.33
8	984	Michael POPE	St Albans AC	IPC/F41	9.73

17:15 T27 Men 400m Ambulant - Straight Final

FINAL 1

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	955	Paul DAVIDSON	Inverness Harriers AAC	IPC/T20	52.35
2	960	Stephen MORRIS	Cardiff AAC	IPC/T20	54.35
3	957	James HAMILTON	Ballymena Runners AC	IPC/T20	54.35
4	961	Dan POWELL	Liverpool Harriers & AC	IPC/T12	55.70
5	956	Robert FERROL	Red Star AC	IPC/T20	56.45

FINAL 2

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	959	Marcel HODGE	Leicester Coritanian AC	IPC/T20	54.36
2	958	Matthew HAMILTON	Chelmsford AC	IPC/T46	54.99
3	917	Zak SKINNER	Tonbridge AC	IPC/T13	56.68
4	915	Jayden SABERTON	City of Sheffield & Dearne AC	IPC/T37	62.27

17:25 T28 Women 400m Ambulant - Straight Final

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	964	Martina BARBER	Stevenage & North Herts AC	IPC/T20	64.58
2	931	Bethany WOODWARD	Southampton AC	IPC/T37	68.45

17:35 T29 Men 400m Wheelchair - Finals (Seeded Races)

FINAL 1

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	938	Ben ROWLINGS	Coventry Godiva H	IPC/T34	54.72
2	942	Isaac TOWERS	Blackpool Wyre & Fylde AC	IPC/T34	59.45 18.5A
3	934	Jamie CARTER	Cleethorpes & District AC	IPC/T34	61.60
4	941	Rob SMITH	Coventry Godiva H	IPC/T52	69.63
5	963	Nate WILLIAMS	Stockport Harriers & AC	IPC/T34	DQ
6	962	Will SMITH	City of Norwich AC	IPC/T54	DNS
7	935	Richard CHIASSARO	Harlow AC	IPC/T54	DNS

17:45 T30 Women 400m Wheelchair - Straight Final

FINAL 1

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	948	Samantha KINGHORN	Red Star AC	IPC/T53	61.07
2	946	Meggan DAWSON FARELL	Red Star AC	IPC/T54	62.39
3	944	Kare ADENEGAN	Coventry Godiva H	IPC/T34	64.90
4	951	Sophie TAYLOR	Coventry Godiva H	IPC/T33	84.90

14:00 F10 Women Hammer - Final

UK Best: Sophie Hitchon, Blackburn H, 72.97m, Gateshead, 2013

AAA CBP: Lorraine Shaw, Sale Harriers Manchester, 66.97m, 2001

CAU Meeting Record: Zoe Derham, Gloucs, 64.82m, 2007

FINAL

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	728	Sarah HOLT	Leicestershire & Rutland	CAU/AAA	63.60
2	734	Rachel HUNTER	West District Scotland	CAU	63.45
3	741	Louisa JAMES	Shaftesbury Barnet Harriers/Sussex	AAA/CAU	59.85
4	745	Christina JONES	Bristol & West AC/Avon & Somerset	AAA/CAU	59.30
5	766	Lucy MARSHALL	Woodford Green & Essex L/Northamptonshire	AAA/CAU	57.78
6	859	Jessica MAYHO	Birchfield Harriers/Yorkshire	AAA/CAU	56.89
7	776	Pippa WINGATE	Surrey	CAU/AAA	55.01
8	666	Sara BOBASH	Staffordshire	CAU/AAA	52.79
9	614	Hannah EVENDEN	Edinburgh AC/Yorkshire	AAA/CAU	52.18
10	809	Kayleigh PRESSWELL	Buckinghamshire	CAU/AAA	51.91
11	694	Zoe DAKIN	South Wales	CAU	45.93
12	796	Maggie OKUL	Kingston Upon Hull AC/Humberside	AAA/CAU	44.17

13:00 F11 Women Discus - Final

UK Best: Meg Ritchie, Edinburgh Southern H, 67.48m, Walnut CA (USA), 1981

AAA CBP: Meg Ritchie, Edinburgh Southern H, 62.22m, 1981

CAU Meeting Record: Jackie McKernan, Northern Ireland, 60.52m, 1997

FINAL

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	751	Jade LALLY	Shaftesbury Barnet Harriers/Surrey	AAA/CAU	56.20
2	727	Amy HOLDER	Windsor Slough Eton & H/Berkshire	AAA/CAU	49.46
3	703	Phoebe DOWSON	Bournemouth AC/Hampshire	AAA/CAU	48.15
4	834	Georgie TAYLOR	Essex	CAU/AAA	46.65
5	682	Hollie REDMAN	Essex	CAU/AAA	45.17
6	851	Laura BRITANE	Thames Valley H/Middlesex	AAA/CAU	43.75
7	726	Lucy UNDERDOWN	Shaftesbury Barnet Harriers/Kent	AAA/CAU	42.76
8	805	Sarah PARSONS	City of York AC/Yorkshire	AAA/CAU	42.70
9	753	Kirsty LAW	North District Scotland	CAU	41.90
10	614	Hannah EVENDEN	Edinburgh AC/Yorkshire	AAA/CAU	41.44
11	846	Michaela WHITTON	Berkshire	CAU/AAA	38.48
12	847	Evie WILCOX	Andover AC	AAA	37.46

15:00 F13 Women Long Jump - Final

UK Best: Shara Proctor, Birchfield H, 6.98m, Olympic Park, 2015

AAA CBP: Nicole Boegman, Australia, 6.82m, 1988

CAU Meeting Record: Jade Johnson, Surrey, 6.68m, w, 2001 & 6.34m, 2002

FINAL

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	857	Elise LOVELL	Hastings AC/Sussex	AAA/CAU	6.07	+2.7
2	658	Angela BARRETT	Thames Valley H/Middlesex	AAA/CAU	5.85	+2.6
3	669	Micaela BRINDLE	Wigan & Dist H AC/Lancashire	AAA/CAU	5.79	+0.4
4	790	Faye NICHOLSON	Bedford & County AC/East District Scotland	AAA/CAU	5.72	+1.4
5	723	Lauren THOMPSON	Hertfordshire	CAU/AAA	5.59	+0.8
6	712	Emma GAYLER	Harrow AC	AAA	5.53	+1.2
7	522	Shanara HIBBERT	Luton AC/Bedfordshire	AAA/CAU	5.52	+1.0
8	679	Alyssia CARR	Yorkshire	CAU/AAA	5.49	+1.4
9	619	Hannah PRINGLE	North Eastern Counties	CAU/AAA	5.36	+0.9
10	708	Jessica FOX	Cambridge & Coleridge AC/Cambridgeshire	AAA/CAU	5.34	+1.7
	857	Elise LOVELL	Hastings AC/Sussex	AAA/CAU	5.89	+1.1
	658	Angela BARRETT	Thames Valley H/Middlesex	AAA/CAU	5.66	-0.6

17:55 T31 Women 800m - Final

UK Best: Kelly Holmes, Ealing Southall & Middx, 1:56.21, Monte Carlo, 1995

AAA CBP: Kelly Holmes, Ealing & Southall AC, 1m 57.56, 1995

CAU Meeting Record: Vicky Griffiths, Mersey, 2:05.55, 2008

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	601	Sally SMITH	Wakefield & District H & AC/Yorkshire	AAA/CAU	02:08.25
2	584	Melissa COURTNEY	Shaftesbury Barnet Harriers/Dorset	AAA/CAU	02:09.08
3	597	Joceline MONTERIO	Essex	CAU/AAA	02:09.97
4	588	Jacqueline FAIRCHILD	Trafford AC/Greater Manchester	AAA/CAU	02:10.09
5	600	Sabrina SINHA	Cambridge Harriers/Kent	AAA/CAU	02:10.71
6	598	Georgina OUTTEN	Birchfield Harriers/North Wales	AAA/CAU	02:10.98
7	592	Sophie MANSFIELD	Sussex	CAU/AAA	02:11.37
8	594	Katy-Ann MCDONALD	Blackheath & Bromley AC/Surrey	AAA/CAU	02:14.64

18:05 T32 Men 800m - FINAL

UK Best: Sebastian Coe, Enfield & Haringey, 1:41.73, Firenze (IT), 1981

AAA CBP: William Tanui, KENYA, 1:43.94, 1990

CAU Meeting Record: Sebastian Coe, Yorks, 1:45.4, 1980

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	184	Joseph O'HARA	Bexley AC/Kent	AAA/CAU	01:54.11
2	188	Ben ROCHFORD	Hertfordshire	CAU/AAA	01:54.24
3	194	Tom SYCKELMOORE	Basingstoke & Mid Hants AC/Hampshire	AAA/CAU	01:54.42
4	179	Stephen MACKAY	North District Scotland	CAU	01:55.21
5	479	Sam DYKES	Warrington AC	AAA	01:56.05
6	177	Rhys LEWIS	Luton AC	AAA	01:56.11
7	198	Mark WOODLEY	Essex	CAU/AAA	01:59.68
8	174	Jed HAYES	Northamptonshire	CAU/AAA	02:01.31

18:20 T33 Men 100m - Final

UK Best: Linford Christie, Thames Valley H, 9.87s, Stuttgart (GER), 1993

AAA CBP: Linford Christie, Thames Valley H, 9.91s, 1994

CAU Meeting Record: Andy Robertson, Avon & Som, 10.10s +1.9, 2014/Deji Tobias, Beds, 10.04s +2.6, 2014

FINAL 1

WIND: -0.4 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	53	Sean SAFO-ANTWI	Middlesex	CAU/AAA	10.16
2	15	James ELLINGTON	Newham & Essex Beagles AC	AAA	10.19
3	29	Confidence LAWSON	Middlesex	CAU/AAA	10.44
4	3	Eugene AYANFUL	Essex	CAU/AAA	10.69
5	41	John OTUGADE	Hertfordshire	CAU/AAA	DNS
6	27	Richard KILTY	Gateshead Harriers	AAA	DNS
7	1	Harry AIKINES-ARYEETAY	Sutton & Dist AC	AAA	DNS
8	45	Imranur RAHMAN	City of Sheffield & Dearne AC	AAA	DNS

18:30 T34 Women 100m - Final

UK Best: Dina Asher-Smith, Blackheath & Bromley, 10.99s, Olympic Park, 2015

AAA CBP: Evelyn Ashford, USA, 11.15s, 1991

CAU Meeting Record: Endurance Ojokolo, Kent, 11.19s, w, 1997/Jodie Williams, Herts, 11.24s, 2010

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	506	Louise BLOOR	Yorkshire	CAU/AAA	11.53
2	514	Montell DOUGLAS	Kent	CAU/AAA	11.75
3	531	Lukasha MORRIS	Berkshire	CAU/AAA	11.75
4	501	Finette AGYAPONG	Essex	CAU/AAA	11.83
5	527	Shannon MALONE	Deeside AAC/North Wales	AAA/CAU	11.84
6	525	Corrine HUMPHREYS	Essex	CAU/AAA	11.87
7	509	Rebecca CAMPSALL	Yorkshire	CAU/AAA	11.91
8	540	Diani WALKER	Birchfield Harriers	AAA	12.06

18:40 T35 Men 400m - Semi Finals

UK Best: Iwan Thomas, Newham & Essex Beagles, 44.36s, Birmingham, 1997

AAA CBP: Roger Black, Team Solent AC, 44.39s, 1996

CAU Meeting Record: Conrad Williams, Kent, 46.01m, 2009

SEMI FINAL 1

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	109	Nigel LEVINE	Windsor Slough Eton & H	AAA	46.21	Q
2	131	Dwayne COWAN	Hercules Wimbledon AC/Surrey	AAA/CAU	46.67	Q
3	129	Tim BURN	City of Sheffield & Dearne AC/Yorkshire	AAA/CAU	47.12	Q
4	148	Greg LOUDEN	East District Scotland	CAU	48.19	
5	154	Peter PHILLIPS	Herne Hill Harriers/Surrey	AAA/CAU	48.42	
6	152	Matthew PAGAN	West Cheshire AC/Cheshire	AAA/CAU	48.94	
7	164	Felix TIGHE	Sale Harriers Manchester/Greater Manchester	AAA/CAU	49.43	
8	125	Thomas APPLEYARD	Warwickshire	CAU/AAA	50.34	

SEMI FINAL 2

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	134	Alhagie-Salim DRAMMEH	Combined Services	CAU/AAA	47.07	Q
2	150	Efekemo OKORO	Birchfield Harriers	AAA	47.18	Q
3	161	Will SNOOK	Harlow AC/Essex	AAA/CAU	48.27	Q
4	158	Oliver SMITH	Chichester Runners & AC/Sussex	AAA/CAU	48.39	q
5	165	Dale WILLIS	Corby AC/Combined Services	AAA/CAU	49.27	
6	141	Reece INGLEBY	Trafford AC	AAA	49.44	
7	137	Daniel GRAY	Kingston Upon Hull AC/Humberside	AAA/CAU	49.64	
8	127	Finley BIGG	Brighton Phoenix/Sussex	AAA/CAU	50.03	

15:30 F14 Men & Women Club Throw Disability - Straight Final

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	896	Stephen MILLER	Gateshead Harriers	IPC/F32	28.48
2	895	Thomas GREEN	Marshall Milton Keynes AC	IPC/F32	25.86
3	898	Abbie HUNNISETT	Weir Archer Academy	IPC/F32	19.25
4	947	Kylie GRIMES	-	IPC/F51	11.72
5	897	Muninder SINGH HAYER	Royal Sutton Coldfield	IPC/F31	9.37

16:00 F15 Men Javelin - Final

UK Best: Steve Backley, Cambridge H, 91.46m, Auckland (NZ), 1992

AAA CBP: Steve Backley, Cambridge H, 88.14m, 1992

CAU Meeting Record: Mick Hill, Yorks, 83.60m, 1994

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	144	Greg MILLAR	Birchfield Harriers/Nottinghamshire	AAA/CAU	69.07
2	471	Gavin JOHNSON ASSOON	Herne Hill Harriers/Surrey	AAA/CAU	66.78
3	472	Craig LACY	Birchfield Harriers/Middlesex	AAA/CAU	66.22
4	460	Bonne BUWEMBO	Enfield & Haringey AC/Essex	AAA/CAU	63.62
5	463	Jackson CURTIS	Marshall Milton Keynes AC	AAA	62.69
6	456	Paul ALSOPP	Yorkshire	CAU/AAA	62.58
7	459	Steve TURNOCK	Exeter Harriers/Devon	AAA/CAU	61.98
8	461	Marshall CHILDS	Ipswich Harriers/Suffolk	AAA/CAU	59.51
9	458	Simon BENNETT	Woodford Green & Essex L/Devon	AAA/CAU	58.66
10	123	David MCKAY	Cheshire	CAU/AAA	57.81
11	470	Allandre JOHNSON	Herne Hill Harriers/Middlesex	AAA/CAU	52.97
12	455	Adam AKEHURST	Hampshire	CAU/AAA	

16:00 F16 Men Shot Putt - Final

UK Best: Carl Myerscough, Blackpool & Fylde AC, 21.92m, Sacramento CA (USA), 2003

AAA CBP: Carl Myerscough, Blackpool & Fylde AC, 21.55m, 2003

CAU Meeting Record: Geoff Capes, Lincs, 21.03m, 1980

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	406	Scott LINCOLN	City of York AC/Yorkshire	AAA/CAU	17.94
2	417	Youcef ZATAT	Essex	CAU/AAA	16.52
3	410	Anthony OSHODI	Essex	CAU/AAA	16.23
4	413	Jamie STEVENSON	Newham & Essex Beagles AC/Leicestershire & Rutland	AAA/CAU	16.12
5	402	Chris DACK	Kingston AC & Poly Harriers/Surrey	AAA/CAU	14.89
6	412	Thomas SMITH	Wigan & Dist H AC/Lancashire	AAA/CAU	14.88
7	414	Martin TINKLER	Cambridgeshire	CAU/AAA	14.30
8	399	Daniel BRUNT	City of Sheffield & Dearne AC/Derbyshire	AAA/CAU	14.12
9	409	John NICHOLLS	City of Manchester AC/Cheshire	AAA/CAU	13.45
10	404	Sam HEAWOOD	Sussex	CAU/AAA	13.35
11	408	Jake MATTHEWS	Combined Services	CAU/AAA	12.92
12	407	Michael MARTIN	Greater Manchester	CAU/AAA	12.47

10:00 F17 Men Discus - Pools

UK Best: Lawrence Okoye, Croydon H, 68.24m, Halle (GER), 2012

AAA CBP: Juan Martinez, CUBA, 65.72m, 1985

CAU Meeting Record: Bill Tancred, Leics & R, 61.96m, 1974

POOL 1

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	403	Zane DUQUEMIN	Shaftesbury Barnet Harriers/Hampshire	AAA/CAU	55.10	Q
2	426	Angus MCINROY	West District Scotland	CAU	52.49	Q
3	430	Alan TOWARD	Enfield & Haringey AC/North Eastern Counties	AAA/CAU	52.01	Q
4	423	James LASIS	Crawley AC/Sussex	AAA/CAU	48.06	Q
5	421	Jonathan EDWARDS	City of Plymouth AC/Devon	AAA/CAU	45.24	Q
6	402	Chris DACK	Kingston AC & Poly Harriers/Surrey	AAA/CAU	44.36	Q
7	420	Devon DOUGLAS	Essex	CAU/AAA	43.97	Q
8	431	Jack WALLIS	Humberside	CAU/AAA	41.55	
9	424	Chris LINE	Hertfordshire	CAU/AAA	39.40	
10	401	Saoirse CHINERY-EDOO	Middlesex	CAU/AAA	38.59	

POOL 2

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	428	Mark PLOWMAN	RAF/Avon & Somerset	AAA/CAU	51.66	Q
2	419	Matthew BLANDFORD	Blackheath & Bromley AC	AAA/CAU	50.98	Q
3	425	Christopher LINQUE	Essex	CAU/AAA	44.16	Q
4	994	Joshua BAIN	Chelmsford AC	IPC/F37	44.01	Q
5	441	Matthew LASIS	Crawley AC/Sussex	AAA/CAU	42.73	Q
6	429	Gurlal RANDHAWA	Berkshire	CAU/AAA	41.89	
7	997	Rob PAGE	Harlow AC	IPC/F37	30.92	
8	984	Michael POPE	St Albans AC	IPC/F41	30.39	
9	981	Sean CLARE	Wigan & Dist H AC	IPC/F41	28.98	

10:00 F18 Women Triple Jump - Pools

UK Best: Ashia Hansen, Birchfield H, 15.16m, Valencia (ESP), 1998

AAA CBP: Yamile Aldama, Cuba, 14.98m, 2003

CAU Meeting Record: Nadia Williams, Middx, 13.40m, +0.3, 2011

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	689	Alexandra RUSSELL	Wigan & Dist H AC	AAA	12.96	+2.9
2	740	Lisa JAMES	Sale Harriers Manchester/Cheshire	AAA/CAU	12.48	+2.8
3	654	Zara ASANTE	Middlesex	CAU/AAA	12.30	+0.4
4	653	Yamilé ALDAMA	Middlesex	CAU/AAA	12.18	+0.7
5	619	Hannah PRINGLE	North Eastern Counties	CAU/AAA	11.61	+2.5
6	784	Beth MORTIBOY	Notts AC	AAA	11.40	+0.7
7	797	Adelaide OMITOWOJU	Cambridgeshire	CAU/AAA	10.96	+0.8
8	842	Joanne WARE	Kent	CAU/AAA	10.83	+1.3
	650	Aimee ADDIS	Sale Harriers Manchester/Cheshire	AAA/CAU	NMR	
	689	Alexandra RUSSELL	Wigan & Dist H AC	AAA	12.75	+0.6
	740	Lisa JAMES	Sale Harriers Manchester/Cheshire	AAA/CAU	12.45	+0.1
	619	Hannah PRINGLE	North Eastern Counties	CAU/AAA	11.47	+0.7

10:00 F19 Women Pole Vault - Straight Final

UK Best: Holly Bradshaw, Blackburn H, 4.71m, Villeurbanne (FRA), 2012

AAA CBP: Janine Whitlock, Trafford AC, 4.40m, 2001

CAU Meeting Record: Janine Whitlock, Yorks, 4.10m, 2001

FINAL

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	738	Jade IVE	Sutton & Dist AC/Surrey	AAA/CAU	4.10
2	815	Abigail ROBERTS	Yorkshire	CAU/AAA	4.00
3	687	Livvy CONNOR	Lewes AC/Sussex	AAA/CAU	3.90
4=	665	Clare BLUNT	Kingston Upon Hull AC/Yorkshire	AAA/CAU	3.70
4=	690	Sophie COOK	Birchfield Harriers/Warwickshire	AAA/CAU	3.70
6	714	Rachel GIBBENS	Buckinghamshire	CAU/AAA	3.60
7	770	Clare MAURER	Woking AC	AAA	3.60
8	724	Fiona HOCKEY	Blackpool Wyre & Fylde AC/Lancashire	AAA/CAU	3.50
9	686	Shannon CONNOLLY	Thames Valley H/Essex	AAA/CAU	3.50
10	804	Caroline PARKINSON	Wycombe Phoenix H/Buckinghamshire	AAA/CAU	3.40
11	610	Becky DONNELLY	Worcestershire	AAA/CAU	3.40
12	783	Sam MORRISON	Woking AC	AAA	3.30
13	866	Alexa EICHELMANN	Woking AC	AAA	3.30
14=	705	Jemma EASTWOOD	Bedfordshire	CAU/AAA	3.30
14=	678	Tamsin CAMPBELL	Crawley AC/Sussex	AAA/CAU	3.30
14=	781	Christina MOORE	Kent	CAU/AAA	3.30
17=	733	Alice HUMBLE	Windsor Slough Eton & H/Middlesex	AAA/CAU	3.00
17=	672	Holly BROWN	Cambridgeshire	CAU/AAA	3.00

10:30 T38 Men 3000m Walk - Straight Final

FINAL

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	304	Dominic KING	Essex	CAU/AAA	12:07.14
2	299	Callum WILKINSON	Enfield & Haringey AC/Suffolk	AAA/CAU	12:35.22
3	303	Daniel KING	Essex	CAU/AAA	12:49.56
4	309	Christopher SNOOK	Aldershot Farnham & Dist AC/Hampshire	AAA/CAU	13:18.75
5	305	Luc LEGON	Bexley AC/Kent	AAA/CAU	13:36.50
6	307	Francisco REIS	Middlesex	CAU/AAA	13:39.35
7	313	Mark WILLIAMS	Tamworth AC/Staffordshire	AAA/CAU	13:49.63
8	308	Ian RICHARDS	Steyning AC/Sussex	AAA/CAU	14:31.01
9	300	Steve ALLEN	Barnet & District AC/Hertfordshire	AAA/CAU	15:29.75
10	311	Steven UTTLEY	Ilford AC/Oxfordshire	AAA/CAU	15:47.11
DNF	310	Timothy SNOOK	Aldershot Farnham & Dist AC/Hampshire	AAA/CAU	
DQ	301	Cameron CORBISHLEY	Medway & Maidstone AC/Kent	AAA/CAU	rule 306
DQ	306	Roger LILLEY	Cambridgeshire	CAU/AAA	rule 306

10:50 T39 Women 3000m Walk - Straight Final

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	697	Bethan DAVIES	West Wales	CAU	13:03.66
2	709	Tatanya GABELLONE	Avon & Somerset	CAU/AAA	13:12.51
3	668	Gemma BRIDGE	Oxfordshire	CAU/AAA	14:01.23
4	785	Brianna MULVEE	Herne Hill Harriers	AAA	14:49.12
5	789	Jasmine NICHOLLS	Leicester Walking Club/Leicestershire	AAA/CAU	15:17.04
6	755	Sophie LEWIS WARD	Cambridge Harriers/Kent	AAA/CAU	15:28.94
7	675	Heather BUTCHER	Cambridge Harriers/Kent	AAA/CAU	15:49.84
8	702	Kate DONALDSON	Leicester Walking Club/Nottinghamshire	AAA/CAU	16:07.31
9	831	Megan STRATTON-THOMAS	Swansea Harriers/West Wales	AAA/CAU	16:37.38
10	693	Penelope CUMMINGS	Surrey	CAU/AAA	16:47.26
11	779	Helen MIDDLETON	Bedfordshire	CAU/AAA	17:53.25
12	663	Fiona BISHOP	Surrey	CAU/AAA	20:10.20
13	649	Pamela ABBOTT	Cambridgeshire	CAU/AAA	20:43.27

11:10 T40 Men 5000m - Straight Final

UK Best: Mohamed Farah, Newham & Essex Beagles, 12:53.11, Monaco, 2011

AAA CBP: Dave Bedford, Shaftesbury Barnet H, 13:17.21, 1972

CAU Meeting Record: Julian Goater, Middx, 13:39.76, 1981

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	243	Richard WEIR	Derby AC/Derbyshire	AAA/CAU	14:24.59
2	230	Adam HICKEY	Southend on Sea AC/Essex	AAA/CAU	14:26.93
3	225	Mohamed AADAN	Middlesex	CAU/AAA	14:30.23
4	240	Alexander TEUTEN	Hampshire	CAU/AAA	14:32.67
5	237	Antonio SILVA	Middlesex	CAU/AAA	14:35.68
6	242	Alastair WATSON	Notts AC/Leicestershire & Rutland	AAA/CAU	14:41.28
7	232	Ben LIVESEY	Combined Services	CAU/AAA	14:42.26
8	229	Joshua GRACE	Aldershot Farnham & Dist AC/Surrey	AAA/CAU	14:45.77
9	241	Alex TOVEY	Berkshire	CAU/AAA	14:47.15
10	226	Dan GARBUTT	Durham City Harriers/North Eastern Counties	AAA/CAU	14:53.92
11	231	Gregory JAYASURIYA	North Eastern Counties	CAU/AAA	15:01.36
12	235	Matthew REVIER	Hampshire	CAU/AAA	15:25.94
13	201	Michael HARRISON	Bedfordshire	CAU/AAA	15:29.14

11:30 T41 Men 400m Hurdles - Semi Finals

UK Best: Kris Ababusi, Team Solent, 47.82s, Barcelona (ESP), 1992

AAA CBP: Edwin Moses, USA, 48.58s, 1979

CAU Meeting Record: Peter Crampton, Yorks, 49.90s, 1994

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	485	Dai GREENE	West Wales	CAU	50.26
2	250	Paul BENNETT	West Wales	CAU	52.66
3	245	Sean ADAMS	Southampton AC/Hampshire	AAA/CAU	52.77
4	261	Connor HENDERSON	West District Scotland	CAU	52.86
5	264	Chris MCALISTER	Thames Valley H/Surrey	AAA/CAU	53.40
6	253	Alex DALEY	Bristol & West AC/Avon & Somerset	AAA/CAU	54.63
DQ	266	Tom PARRY	Kingston AC & Poly Harriers/Surrey	AAA/CAU	
DQ	271	Lennox THOMPSON	Essex	CAU/AAA	

11:45 T42 Women 400m Hurdles - Final

UK Best: Sally Gunnell, Essex Ladies AC, 52.74s, Stuttgart (GER), 1993

AAA CBP: Sally Gunnell, Essex Ladies AC, 54.65s, 1996

CAU Meeting Record: Eilidh Child, East Dist Scotland, 55.52s, 2009

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	833	Jessica TAPPIN	Leicestershire & Rutland	CAU/AAA	58.13
2	839	Jessica TURNER	Derbyshire	CAU/AAA	58.43
3	774	Hayley MCLEAN	Chelmsford AC/Essex	AAA/CAU	58.48
4	775	Christine MCMAHON	Northern Ireland	CAU/AAA	58.48
5	563	Nisha DESAI	Trafford AC/North Eastern Counties	AAA/CAU	59.37
6	759	Phillipa LOWE	Dacorum & Tring AC/Hertfordshire	AAA/CAU	60.25
7	677	Sarah CALCOTT	Enfield & Haringey AC/Middlesex	AAA/CAU	61.63
DNS	817	Georgina ROGERS	Birchfield Harriers	AAA	

10:00 F20 Men & Women Javelin Disability/Seated - Straight Final

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	993	Marie HAWKESWOOD	-	IPC/F55	16.04
2	893	Danny NOBBS	British Wheelchair AA	IPC/F54	21.95
3	995	Mike BARKER	Wolverhampton & Bilston AC	IPC/F55	22.17
4	992	Claire HARVEY	Ashford AC	IPC/F55	13.68

10:30 F21 Women High Jump - Straight Final

UK Best: Isobel Pooley, Aldershot Farnham & D, 1.97m, Birmingham, 2015

AAA CBP: Debbie Marti, Bromley AC, 1.94m, 1996

CAU Meeting Record: Julie Bennett, Surrey, 1.86m, 2004

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	867	Amelia JENNINGS	Liverpool Harriers & AC	0	1.77
2	854	Mollie COURTNEY	Gloucestershire	CAU/AAA	1.74
3	706	Niamh EMERSON	Amber Valley AC/Derbyshire	AAA/CAU	1.71
4	681	Lucy CHAPPELL	Doncaster AC/Yorkshire	AAA/CAU	1.71
5	768	Deborah MARTIN	Ashford AC/Kent	AAA/CAU	1.68
6	782	Jordanna MORRISH	Windsor Slough Eton & H/Cornwall	AAA/CAU	1.65
6	720	Camellia HAYES	Surrey	CAU/AAA	1.65
8	832	Hannah TAPLEY	Worcester AC/Gloucestershire	AAA/CAU	1.65
8	823	Beth SIDDENS	Essex	CAU/AAA	1.65
10	778	Grace MEE	Highgate Harriers AC/Middlesex	AAA/CAU	1.55

11:15 F22 Men Hammer - Pools

UK Best: Nick Miller, Border H, 77.55m, Karlstad (SWE) 2015

AAA CBP: Dave Smith, Hull Spartan AC, 77.30m, 1985

CAU Meeting Record: David Smith, Humbs, 75.10m, 1976

POOL 1

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	436	Taylor CAMPBELL	Windsor Slough Eton & H/Berkshire	AAA/CAU	68.78	Q
2	434	Michael BOMBA	Liverpool Harriers & AC/Merseyside	AAA/CAU	65.89	Q
3	450	Christopher SHORTHOUSE	Birchfield Harriers/Nottinghamshire	AAA/CAU	63.89	Q
4	454	Alex WARNER	Essex	CAU/AAA	61.77	Q
5	421	Jonathan EDWARDS	City of Plymouth AC/Devon	AAA/CAU	58.90	Q
6	423	James LASIS	Crawley AC/Sussex	AAA/CAU	57.73	Q
7	438	James HAMBLIN	Essex	CAU/AAA	55.58	
8	448	Matthew RICHARDS	West Wales	CAU	55.06	
9	442	Richard MARTIN	Yorkshire	CAU/AAA	48.87	

POOL 2

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	432	James BEDFORD	Birchfield Harriers/Humberside	AAA/CAU	64.30	Q
2	445	Michael PAINTER	City of Norwich AC/Norfolk	AAA/CAU	61.94	Q
3	435	Callum BROWN	City of Norwich AC/Norfolk	AAA/CAU	61.51	Q
4	443	Craig MURCH	Rugby & Northampton AC/Warwickshire	AAA/CAU	60.82	Q
5	452	Matthew SUTTON	Wolverhampton & Bilston AC/Staffordshire	AAA/CAU	60.75	Q
6	441	Matthew LASIS	Crawley AC/Sussex	AAA/CAU	59.45	Q
7	449	Jason ROBINSON	Derbyshire	CAU/AAA	52.78	
8	451	David SMITH	Humberside	CAU/AAA	51.99	
9	411	Jamie POTTON-BURRELL	Luton AC/Bedfordshire	AAA/CAU	50.88	
10	437	Micki FINN	Berkshire	CAU/AAA	50.79	

11:55 T43 Women 5000m - Straight Final

UK Best: Paula Radcliffe, Bedford & County, 14:29.11, Bydgoszcz (POL), 2004

AAA CBP: Paula Radcliffe, Bedford & Co. AC, 15m 05.48, 2000

CAU Meeting Record: Jo Wilkinson, Beds, 16:10.07, 2002

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	590	Jenna HILL	Sale Harriers Manchester/Greater Manchester	AAA/CAU	16:07.86
2	637	Lauren DEADMAN	Havering AC/Essex	AAA/CAU	16:23.36
3	635	Sophie COWPER	Lincoln Wellington AC/Surrey	AAA/CAU	16:34.81
4	634	Amy CLEMENTS	Kent	CAU/AAA	16:47.54
5	633	Fiona CLARK	Sussex	CAU/AAA	17:05.06
6	643	Tessa MCCORMICK	Vale Royal AC/Cheshire	AAA/CAU	17:07.76
7	631	Lara BROMILOW	Buckinghamshire	CAU/AAA	17:17.78
8	636	Laura-Jane DAY	Notts AC	AAA	17:20.04
9	638	Claire DUCK	Leeds City AC/Yorkshire	AAA/CAU	17:39.29
10	639	Lauren HALL	Combined Services	CAU/AAA	17:45.31
11	644	Alexandra SNEDDON	Jarrow & Hebburn AC/North Eastern Counties	AAA/CAU	17:49.95
12	612	Laura BRENTON	Hampshire	CAU/AAA	18:01.07
13	640	Hannah HOWARD	Hampshire	CAU/AAA	18:35.67
DNF	645	Claire SOMERTON	Cambridgeshire	CAU/AAA	

12:20 T44 Women 200m - Heats

UK Best: Kathy Cook, Wolverhampton & Bilston, 22.10s, Los Angeles (USA), 1984

AAA CBP: Cathy Freeman, Australia, 22.71s, 1993

CAU Meeting Record: Joice Maduaka, Surrey n/s, 23.12s w, 2003 & 23.31s (photo-cell) 2003

HEAT 1

WIND: -1.8 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	501	Finette AGYAPONG	Essex	CAU/AAA	24.54	Q
2	503	Kim BAPTISTE	Sussex	CAU/AAA	24.93	Q
3	514	Montell DOUGLAS	Kent	CAU/AAA	24.95	Q
4	542	Steffi WILSON	Shaftesbury Barnet Harriers/Dorset	AAA/CAU	24.99	q
5	534	Amanda SHAW	Wakefield & District H & AC	AAA	25.48	
6	546	Susanna BANJO	Middlesex	CAU/AAA	25.61	
7	552	Ruth ONYEKWE	Kent	CAU/AAA	26.16	

HEAT 2

WIND: +0.1 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	555	Jodie WILLIAMS	Herts Phoenix AC	AAA	23.83	Q
2	545	Amy ALLCOCK	Surrey	CAU/AAA	24.11	Q
3	550	Shanice HARRISON	Surrey	CAU/AAA	25.01	Q
4	515	Stacey DOWNIE	East District Scotland	CAU	25.04	q
5	535	Anna SHORT	Brighton & Hove City AC/Sussex	AAA/CAU	25.45	
6	521	Catherine HARDY	Gloucester AC/Gloucestershire	AAA/CAU	25.83	
7	708	Jessica FOX	Cambridge & Coleridge AC/Cambridgeshire	AAA/CAU	26.24	

11:15 F23 Men Long Jump - Pools

UK Best: Greg Rutherford, Marshall Milton Keynes, 8.51m, Chula Vista (USA), 2014

AAA CBP: Larry Myricks, USA, 8.38m, 1981

CAU Meeting Record: Alan Lerwill, Hamps, 8.15m, w, 1972/Lynn Davies, Glam, 8.01m, 1964

POOL 1

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	371	Darren MORSON	Victoria Park H & Tower Hamlets/Middlesex	AAA/CAU	7.34	+0.9
2	366	Tom FRENCH	Brighton & Hove City AC/Sussex	AAA/CAU	7.13	+0.7
3	14	Joseph DEWAR	Essex	CAU/AAA	7.04	-1.2
4	373	Joshua OLOWARE	Essex	CAU/AAA	7.02	+0.7
5	372	Paul OGUN	Croydon H/Surrey	AAA/CAU	6.96	+0.7
6	367	James GROOOCK	Southampton AC/Hampshire	AAA/CAU	6.88	+1.4
7	364	Ogo ANOCHIRIONYE	Thames Valley H/Middlesex	AAA/CAU	6.69	+0.9
8	368	Matthew HOULDEN	Kingston AC & Poly Harriers/Cambridgeshire	AAA/CAU	6.48	-0.3
9	79	Christopher HALL	Kingston AC & Poly Harriers/Surrey	AAA/CAU	6.27	-1.5

POOL 2

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	493	David JOHN MARTIN	West of Scotland	0	7.03	+1.6
2	369	Samuel KHOGALI	Worcester AC/Worcestershire	AAA/CAU	7.01	1.1
3	375	Sam RICHARDS	Cambridge & Coleridge AC/Cambridgeshire	AAA/CAU	6.59	+1.8
4	977	Tony MILLS	FDSW	IPC/F44	5.93	+0.0
5	975	Morgan JONES	Fairlands Valley Spartans	IPC/F47	5.77	+0.3
6	905	Matthew ELLIS	-	IPC/F13	5.71	+0.8
7	976	James LEDGER	Cardiff Met University	IPC/F12	5.69	+0.8

12:40 T45 Men 200m - Heats

UK Best: John Regis, Belgrave H, 19.87s, Sestriere (IT), 1994

AAA CBP: Marlon Devonish, Coventry Godiva H, 20.18s, 2002

CAU Meeting Record: Doug Walker, East Dist. Scotland, 20.47s, w, 1998/Chris Clarke, Bucks, 20.62, +1.6, 2014

HEAT 1

WIND: -2.1 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	98	Chris CLARKE	Buckinghamshire	CAU/AAA	20.98	Q
2	107	Antonio INFANTINO	Shaftesbury Barnet Harriers/Hertfordshire	AAA/CAU	21.36	Q
3	95	Omololu ABIODUN	Essex	CAU/AAA	21.81	Q
4	68	Andre WRIGHT	Kent	CAU/AAA	21.83	Q
5	35	Lee MCLAUGHLIN	Croydon H/Surrey	AAA/CAU	21.98	q
6	118	Elliot RUTTER	Birchfield Harriers/Avon & Somerset	AAA/CAU	22.36	
7	32	Todd MARSHALL	City of Sheffield & Dearne AC	AAA	22.55	
DQ	104	Kevin HODGSON	Bournemouth AC/Dorset	AAA/CAU	rule112.1	

HEAT 2 WIND: -0.2 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	15	James ELLINGTON	Newham & Essex Beagles AC	AAA	21.81	Q
2	121	Nick STEWART	Enfield & Haringey AC	AAA	21.90	Q
3	21	Omar GRANT	Harrow AC	AAA	22.11	Q
4	120	Ben SNAITH	Enfield & Haringey AC/Cambridgeshire	AAA/CAU	22.13	Q
5	122	Joshua STREET	Kent AC/Surrey	AAA/CAU	22.23	q
6	119	Peter SHAND	Staffordshire	CAU/AAA	22.43	
7	22	Gareth HOPKINS	South Wales	CAU/AAA	22.73	
8	100	Lee DOLLARD	Southend on Sea AC	AAA	22.93	

HEAT 3 WIND: +0.4 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	65	Dannish WALKER-KHAN	Yorkshire	CAU/AAA	21.87	Q
2	37	Demetric NELSON	Yorkshire	CAU/AAA	21.93	Q
3	66	James WILLIAMS	Liverpool Harriers & AC/Merseyside	AAA/CAU	22.08	Q
4	114	Yannic PHIPPEN	Birchfield Harriers/Northamptonshire	AAA/CAU	22.13	Q
5	102	Kyle ENNIS	Oxfordshire	CAU/AAA	22.32	
6	117	Joel RICHARDSON	Trafford AC	AAA	22.40	
7	99	Daniel DELL	South Wales	CAU	22.80	
8	248	David AWDE	Hampshire	CAU/AAA	24.92	

HEAT 4 WIND: -2.0 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	101	Roy EJIAKUEKWU	Sale Harriers Manchester/Greater Manchester	AAA/CAU	21.40	Q
2	9	Liam CLOWES	Cheshire	CAU/AAA	21.99	Q
3	105	Jason HUSSAIN	Sussex	CAU/AAA	22.24	Q
4	482	Luke SMALLWOOD	Kent	CAU/AAA	22.28	Q
5	49	Owen RICHARDSON	Basingstoke & Mid Hants AC	AAA	22.47	
6	124	Kyron WILLIAMS	Middlesex	CAU/AAA	22.55	
7	48	Myles RICHARDSON	Basingstoke & Mid Hants AC	AAA	22.63	

HEAT 5 WIND: +1.8 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	46	Tommy RAMDHAN	Shaftesbury Barnet Harriers/Kent	AAA/CAU	21.28	Q
2	97	Theo CAMPBELL	Bristol & West AC/Avon & Somerset	AAA/CAU	21.57	Q
3	84	Gabriel ODUJOBI	City of Manchester AC/Middlesex	AAA/CAU	21.76	Q
4	28	Samuel LANDSBOROUGH	Wirral AC/Merseyside	AAA/CAU	21.79	Q
5	64	Daniel TRUEMAN	Stroud AC/Gloucestershire	AAA/CAU	22.00	q
6	17	Luke GIBLIN	Kingston Upon Hull AC/Humberside	AAA/CAU	22.28	q
7	40	Clinton OSOBA-GEORGE	Rugby & Northampton AC/Northamptonshire	AAA/CAU	22.34	

12:00 F24 Women Javelin - Pools

UK Best: Goldie Sayers, Belgrave H, 66.17m, Crystal Palace, 2012

AAA CBP: Kelly Morgan, Army, -, 2002

CAU Meeting Record: Goldie Sayers, Cambs, 63.15m, 2010

POOL 1

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	746	Freya JONES	Southampton AC/Hampshire	AAA/CAU	52.05	Q
2	664	Joanna BLAIR	Luton AC/Bedfordshire	AAA/CAU	49.44	Q
3	777	Eloise MEAKINS	Herts Phoenix AC/Hertfordshire	AAA/CAU	46.03	Q
4	821	Rosie SEMENYTSH	Sale Harriers Manchester/Berkshire	AAA/CAU	42.39	Q
5	851	Laura BRITANE	Thames Valley H/Middlesex	AAA/CAU	40.03	Q
6	700	Sarah-Anne DE KREMER	Leicestershire & Rutland	CAU/AAA	38.50	Q
7	657	Ellen BARBER	Avon & Somerset	CAU/AAA	35.86	Q
8	698	Kate DAVIES	Gloucester AC/Gloucestershire	AAA/CAU	34.11	

POOL 2

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	845	Laura WHITTINGHAM	Sale Harriers Manchester/Yorkshire	AAA/CAU	51.06	Q
2	798	Kike ONIWINDE	Enfield & Haringey AC	AAA	45.32	Q
3	683	Emma CHRISTMAS	Havering AC/Essex	AAA/CAU	38.49	Q
4	894	Hollie ARNOLD	FDSW	IPC/F46	37.90	
5	711	Caroline GARRATT	Sussex	CAU/AAA	35.38	Q
6	742	Fatima JAMMEH KINTEH	Abingdon AAC/Oxfordshire	AAA/CAU	34.48	Q

12:00 F25 Women Shot Putt - Pools

UK Best: Judy Oakes, Croydon H, 19.36m, Gateshead, 1988

AAA CBP: Judy Oakes, Croydon Harriers, 18.76m, 1988

CAU Meeting Record: Joanne Duncan, Essex, 17.11m, 2006

FINAL

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	841	Rachel WALLADER	Windsor Slough Eton & H/Worcestershire	AAA/CAU	17.12
2	773	Sophie MCKINNA	Great Yarmouth & District AC/Norfolk	AAA/CAU	15.57
3	791	Adele NICOLL	Birchfield Harriers/North Wales	AAA/CAU	15.31
4	799	Danielle OPARA	Berkshire	CAU/AAA	14.62
5	726	Lucy UNDERDOWN	Shaftesbury Barnet Harriers/Kent	AAA/CAU	12.75
6	858	Rownita MARSTON	Bristol & West AC/Avon & Somerset	AAA/CAU	12.75
7	614	Hannah EVENDEN	Edinburgh AC/Yorkshire	AAA/CAU	12.71
8	803	Simi PAM	Cambridgeshire	CAU/AAA	12.20
9	756	Sophie LITTLEMORE	Gateshead Harriers/North Eastern Counties	AAA/CAU	12.12
10	718	Rebecca HALL	Nene Valley Harriers/Lincolnshire	AAA/CAU	11.89
11	776	Pippa WINGATE	Surrey	CAU/AAA	11.76
12	673	Toni BUCKINGHAM	Yorkshire	CAU/AAA	11.47
13	991	Sabrina FORTUNE	Deeside AAC	IPC/F20	10.23
14	990	Millie FORREST	Wigan & Dist H AC	IPC/F37	6.76

13:25 T46 Women 1500m - Heats

UK Best: Kelly Holmes, Ealing Southall & Middx, 3:57.90, Athens, 2004

AAA CBP: Kelly Holmes, Ealing & Southall AC, 4m 01.41, 1994

CAU Meeting Record: Natalie Harvey, Surrey/AUS, 4:17.95, 2003

HEAT 1

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	616	Kate HOLT	City of Stoke AC/Staffordshire	AAA/CAU	04:28.40	Q
2	622	Mia O'CONNELL	Cheltenham Harriers/Gloucestershire	AAA/CAU	04:30.27	Q
3	617	Montana JONES	Aldershot Farnham & Dist AC/Surrey	AAA/CAU	04:30.34	Q
4	626	Gemma SHEPHERD	Team Bath AC/Wiltshire	AAA/CAU	04:30.43	Q
5	628	Rebecca STRAW	Worcestershire	CAU/AAA	04:31.33	q
6	609	Naomi COLLIER	Lincolnshire	CAU/AAA	04:34.88	
7	618	Rosie KEANE	Luton AC/Bedfordshire	AAA/CAU	04:35.22	
8	611	Kelly GRANT	City of Norwich AC/Norfolk	AAA/CAU	04:35.74	
9	623	Sophia PARVIZI-WAYNE	Middlesex	CAU/AAA	04:40.55	
10	596	Stephanie MITCHELL	Herne Hill Harriers	AAA	04:51.24	
11	624	Molly RIGLIN	Middlesex	CAU/AAA	05:05.03	

HEAT 2

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	591	Gemma KERSEY	Basildon AC/Essex	AAA/CAU	04:25.98	Q
2	613	Charlotte GREEN	Bristol & West AC/Avon & Somerset	AAA/CAU	04:26.08	Q
3	615	Gemma HOLLOWAY	Essex	CAU/AAA	04:26.48	Q
4	627	Louise SMALL	Aldershot Farnham & Dist AC/Hampshire	AAA/CAU	04:26.63	Q
5	629	Naomi TASCHIMOWITZ	Taunton AC/Avon & Somerset	AAA/CAU	04:26.65	q
6	868	Kathleen FAES	Kent	0	04:31.77	q
7	620	Sarah MACKNESS	Telford AC/Shropshire	AAA/CAU	04:32.06	q
8	599	Hollie PARKER	Cambridgeshire	CAU/AAA	04:34.42	
9	630	Natalie WEIR	Derby AC/Derbyshire	AAA/CAU	04:36.22	
10	605	Nathalie WHITTY	Hampshire	CAU/AAA	04:40.06	
11	608	Suzi BOAST	Cambridgeshire	CAU/AAA	04:41.51	
12	625	Elle ROCHE	Buckinghamshire	CAU/AAA	04:48.91	

13:55 T48 Women 400m - Heats

UK Best: Christine Ohuruogu, Newham & Essex Beagles, 49.41s, Moscow, 2013

AAA CBP: Katharine Merry, Birchfield Harriers, 50.62s, 1999

CAU Meeting Record: Helen Karagounis, Notts, 53.32s, 2004

HEAT 1

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	567	Nicole KENDALL	Kingston AC & Poly Harriers	AAA	55.27	Q
2	575	Katie SNOWDEN	Herne Hill Harriers/Surrey	AAA/CAU	55.51	Q
3	564	Alice DESFORGES	Nottinghamshire	CAU/AAA	55.57	Q
4	577	Georgia YEARBY	Leeds City AC/Yorkshire	AAA/CAU	56.30	q
5	574	Akesha SMITH	Middlesex	CAU/AAA	56.76	
6	573	Joanne RYAN	Essex	CAU/AAA	56.88	
FS	569	Hannah MCCLAY	Berkshire	CAU/AAA	Rule 111.14	

HEAT 2

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	566	Mary IHEKE	Kingston AC & Poly Harriers/Surrey	AAA/CAU	53.59	Q
2	561	Nikita CAMPBELL-SMITH	Yorkshire	CAU/AAA	55.68	Q
3	562	Olivia CEASAR	Buckinghamshire	CAU/AAA	56.00	Q
4	576	Deborah WILLIS	Notts AC/Hertfordshire	AAA/CAU	56.35	q
5	572	Lauren RULE	Hertfordshire	CAU/AAA	56.92	
6	563	Nisha DESAI	Trafford AC/North Eastern Counties	AAA/CAU	56.99	

14:10 T49 Men & Women 1500m Wheelchair - Straight Final

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	936	Dillon LABROOY	Weir Archer Academy	IPC/T54	03:29.45
2	942	Isaac TOWERS	Blackpool Wyre & Fylde AC	IPC/T34	03:30.70
3	948	Samantha KINGHORN	Red Star AC	IPC/T53	03:43.93
4	941	Rob SMITH	Coventry Godiva H	IPC/T52	04:34.56

14:20 T50 Men 200m Ambulant - Finals (Seeded Races)

FINAL 1

WIND: -1.2 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	904	Shaun BURROWS	Charnwood AC	IPC/T38	24.04
2	910	Rhys JONES	Rhondda AC	IPC/T37	24.75
3	903	Graeme BALLARD	Chorley Triathlon & AC	IPC/T36	25.57
4	907	George FOX	Blackpool Wyre & Fylde AC	IPC/T37	26.47
5	952	Reece GOODWIN	Rotherham Harriers & AC	IPC/T36	27.40
6	953	Nicky MAXWELL	Bracknell AC	IPC/T44	28.24

FINAL 2

WIND: -0.5 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	901	James ARNOTT	City of Plymouth AC	IPC/T46	24.00
2	955	Paul DAVIDSON	Inverness Harriers AAC	IPC/T20	24.43
3	1000	Richard WHITEHEAD	Southwell Running Club	/	26.22
4	915	Jayden SABERTON	City of Sheffield & Dearne AC	IPC/T37	26.79
5	1001	David HENSON	Southampton	/	27.52

13:30 F26 Men Discus - Final

UK Best: Lawrence Okoye, Croydon H, 68.24m, Halle (GER), 2012

AAA CBP: Juan Martinez, CUBA, 65.72m, 1985

CAU Meeting Record: Bill Tancred, Leics & R, 61.96m, 1974

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	403	Zane DUQUEMIN	Shaftesbury Barnet Harriers/Hampshire	AAA/CAU	54.67
2	430	Alan TOWARD	Enfield & Haringey AC/North Eastern Counties	AAA/CAU	53.42
3	426	Angus MCINROY	West District Scotland	CAU	53.04
4	428	Mark PLOWMAN	RAF/Avon & Somerset	AAA/CAU	51.76
5	419	Matthew BLANDFORD	Blackheath & Bromley AC	AAA/CAU	51.14
6	421	Jonathan EDWARDS	City of Plymouth AC/Devon	AAA/CAU	47.01
7	423	James LASIS	Crawley AC/Sussex	AAA/CAU	46.68
8	402	Chris DACK	Kingston AC & Poly Harriers/Surrey	AAA/CAU	46.14
9	420	Devon DOUGLAS	Essex	CAU/AAA	43.47
10	441	Matthew LASIS	Crawley AC/Sussex	AAA/CAU	42.19
11	425	Christopher LINQUE	Essex	CAU/AAA	41.55
12	994	Joshua BAIN	Chelmsford AC	IPC/F37	40.90

14:30 T51 Women 200m Ambulant - Straight Final

WIND: NT

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	954	Erin MCBRIDE	Liverpool Harriers & AC	IPC/T13	27.6
2	930	Laura SUGAR	Birchfield Harriers	IPC/T44	28.8
3	925	Maria LYLE	Team East Lothian	IPC/T35	30.0
4	927	Jenny MCLOUGHLIN	Cwmbran Harriers	IPC/T37	30.1
5	922	Stacey HURRELL	Dudley & Stourbridge H	IPC/T36	35.8

14:40 T52 Men 400m - Final

UK Best: Iwan Thomas, Newham & Essex Beagles, 44.36s, Birmingham, 1997

AAA CBP: Roger Black, Team Solent AC, 44.39s, 1996

CAU Meeting Record: Conrad Williams, Kent, 46.01m, 2009

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	109	Nigel LEVINE	Windsor Slough Eton & H	AAA	45.84
2	134	Alhagie-Salim DRAMMEH	Combined Services	CAU/AAA	46.44
3	129	Tim BURN	City of Sheffield & Dearne AC/Yorkshire	AAA/CAU	46.96
4	150	Efekemo OKORO	Birchfield Harriers	AAA	47.33
5	148	Greg LOUDEN	East District Scotland	CAU	47.91
6	158	Oliver SMITH	Chichester Runners & AC/Sussex	AAA/CAU	48.15
7	161	Will SNOOK	Harlow AC/Essex	AAA/CAU	48.24
DNS	131	Dwayne COWAN	Hercules Wimbledon AC/Surrey	AAA/CAU	DNS

14:50 T53 Women 200m - Final

UK Best: Kathy Cook, Wolverhampton & Bilston, 22.10s, Los Angeles (USA), 1984

AAA CBP: Cathy Freeman, Australia, 22.71s, 1993

CAU Meeting Record: Joice Maduaka, Surrey n/s, 23.12s w, 2003 & 23.31s (photo-cell) 2003

Wind = -0.9 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	555	Jodie WILLIAMS	Herts Phoenix AC	AAA	23.97
2	545	Amy ALLCOCK	Surrey	CAU/AAA	24.08
3	501	Finette AGYAPONG	Essex	CAU/AAA	24.24
4	503	Kim BAPTISTE	Sussex	CAU/AAA	24.89
5	550	Shanice HARRISON	Surrey	CAU/AAA	25.03
6	515	Stacey DOWNIE	East District Scotland	CAU	25.18
7	542	Steffi WILSON	Shaftesbury Barnet Harriers/Dorset	AAA/CAU	25.42
DNS	514	Montell DOUGLAS	Kent	CAU/AAA	

15:00 T54 Men 200m - Semi Finals

UK Best: John Regis, Belgrave H, 19.87s, Sestriere (IT), 1994

AAA CBP: Marlon Devonish, Coventry Godiva H, 20.18s, 2002

CAU Meeting Record: Doug Walker, East Dist. Scotland, 20.47s, w, 1998/Chris Clarke, Bucks, 20.62, +1.6, 2014

SEMI 1 WIND: +0.3 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	98	Chris CLARKE	Buckinghamshire	CAU/AAA	20.74	Q
2	107	Antonio INFANTINO	Shaftesbury Barnet Harriers/Hertfordshire	AAA/CAU	20.91	Q
3	97	Theo CAMPBELL	Bristol & West AC/Avon & Somerset	AAA/CAU	21.33	q
4	95	Omololu ABIODUN	Essex	CAU/AAA	21.44	q
5	66	James WILLIAMS	Liverpool Harriers & AC/Merseyside	AAA/CAU	21.55	
6	120	Ben SNAITH	Enfield & Haringey AC/Cambridgeshire	AAA/CAU	21.65	
7	114	Yannic PHIPPEN	Birchfield Harriers/Northamptonshire	AAA/CAU	21.89	
DNS	17	Luke GIBLIN	Kingston Upon Hull AC/Humberside	AAA/CAU		

SEMI 2 WIND: -1.4 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	46	Tommy RAMDHAN	Shaftesbury Barnet Harriers/Kent	AAA/CAU	21.25	Q
2	68	Andre WRIGHT	Kent	CAU/AAA	21.44	Q
3	121	Nick STEWART	Enfield & Haringey AC	AAA	21.49	
4	65	Dannish WALKER-KHAN	Yorkshire	CAU/AAA	21.69	
5	21	Omar GRANT	Harrow AC	AAA	21.70	
6	84	Gabriel ODUJOBI	City of Manchester AC/Middlesex	AAA/CAU	21.78	
7	122	Joshua STREET	Kent AC/Surrey	AAA/CAU	21.97	
DNS	482	Luke SMALLWOOD	Kent	CAU/AAA		

SEMI 3 WIND: -1.4 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	101	Roy EJIAKUEKWU	Sale Harriers Manchester/Greater Manchester	AAA/CAU	21.58	Q
2	37	Demetric NELSON	Yorkshire	CAU/AAA	21.95	Q
3	35	Lee MCLAUGHLIN	Croydon H/Surrey	AAA/CAU	21.97	
4	28	Samuel LANDSBOROUGH	Wirral AC/Merseyside	AAA/CAU	22.09	
5	9	Liam CLOWES	Cheshire	CAU/AAA	22.56	
6	64	Daniel TRUEMAN	Stroud AC/Gloucestershire	AAA/CAU	22.71	
DNS	15	James ELLINGTON	Newham & Essex Beagles AC	AAA		
DNS	105	Jason HUSSAIN	Sussex	CAU/AAA		

14:15 F28 Men Long Jump - Final

UK Best: Greg Rutherford, Marshall Milton Keynes, 8.51m, Chula Vista (USA), 2014

AAA CBP: Larry Myricks, USA, 8.38m, 1981

CAU Meeting Record: Alan Lerwill, Hamps, 8.15m, w, 1972/Lynn Davies, Glam, 8.01m, 1964

FINAL

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF	
1	371	Darren MORSON	Victoria Park H & Tower Hamlets/Middlesex	AAA/CAU	7.59	-1.2
2	373	Joshua OLOWARE	Essex	CAU/AAA	7.48	+1.3
3	366	Tom FRENCH	Brighton & Hove City AC/Sussex	AAA/CAU	7.28	+0.4
4	493	David JOHN MARTIN	West of Scotland	0	7.18	+1.9
5	375	Sam RICHARDS	Cambridge & Coleridge AC/Cambridgeshire	AAA/CAU	7.03	+0.5
6	372	Paul OGUN	Croydon H/Surrey	AAA/CAU/0	6.91	+0.7
7	367	James GROOCCOCK	Southampton AC/Hampshire	AAA/CAU	6.90	+0.0
8	364	Ogo ANOCHIRIONYE	Thames Valley H/Middlesex	AAA/CAU	6.87	-1.2
9	14	Joseph DEWAR	Essex	CAU/AAA	6.75	+0.1
10	369	Samuel KHOGALI	Worcester AC/Worcestershire	AAA/CAU	6.73	+0.6
11	368	Matthew HOULDEN	Kingston AC & Poly Harriers/Cambridgeshire	AAA/CAU	6.47	+1.1
12	79	Christopher HALL	Kingston AC & Poly Harriers/Surrey	AAA/CAU	6.46	-0.5

15:30 T56 Women 400m - Final

UK Best: Christine Ohuruogu, Newham & Essex Beagles, 49.41s, Moscow, 2013

AAA CBP: Katharine Merry, Birchfield Harriers, 50.62s, 1999

CAU Meeting Record: Helen Karagounis, Notts, 53.32s, 2004

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	566	Mary IHEKE	Kingston AC & Poly Harriers/Surrey	AAA/CAU	53.60
2	575	Katie SNOWDEN	Herne Hill Harriers/Surrey	AAA/CAU	55.08
3	567	Nicole KENDALL	Kingston AC & Poly Harriers	AAA	55.63
4	564	Alice DESFORGES	Nottinghamshire	CAU/AAA	55.78
5	577	Georgia YEARBY	Leeds City AC/Yorkshire	AAA/CAU	56.67
6	576	Deborah WILLIS	Notts AC/Hertfordshire	AAA/CAU	57.25
DNS	561	Nikita CAMPBELL-SMITH	Yorkshire	CAU/AAA	
DNS	562	Olivia CEASAR	Buckinghamshire	CAU/AAA	

14:30 F29 Men Hammer - Final

UK Best: Nick Miller, Border H, 77.55m, Karlstad (SWE) 2015

AAA CBP: Dave Smith, Hull Spartan AC, 77.30m, 1985

CAU Meeting Record: David Smith, Humbs, 75.10m, 1976

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	450	Christopher SHORTHOUSE	Birchfield Harriers/Nottinghamshire	AAA/CAU	69.08
2	434	Michael BOMBA	Liverpool Harriers & AC/Merseyside	AAA/CAU	68.68
3	436	Taylor CAMPBELL	Windsor Slough Eton & H/Berkshire	AAA/CAU	66.82
4	435	Callum BROWN	City of Norwich AC/Norfolk	AAA/CAU	65.93
5	432	James BEDFORD	Birchfield Harriers/Humberside	AAA/CAU	64.03
6	443	Craig MURCH	Rugby & Northampton AC/Warwickshire	AAA/CAU	63.65
7	445	Michael PAINTER	City of Norwich AC/Norfolk	AAA/CAU	62.80
8	454	Alex WARNER	Essex	CAU/AAA	61.76
9	452	Matthew SUTTON	Wolverhampton & Bilston AC/Staffordshire	AAA/CAU	59.12
10	441	Matthew LASIS	Crawley AC/Sussex	AAA/CAU	58.64
11	421	Jonathan EDWARDS	City of Plymouth AC/Devon	AAA/CAU	58.44

15:40 T57 Women 1500m - Final

UK Best: Kelly Holmes, Ealing Southall & Middx, 3:57.90, Athens, 2004

AAA CBP: Kelly Holmes, Ealing & Southall AC, 4m 01.41, 1994

CAU Meeting Record: Natalie Harvey, Surrey/AUS, 4:17.95, 2003

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	591	Gemma KERSEY	Basildon AC/Essex	AAA/CAU	04:23.73
2	616	Kate HOLT	City of Stoke AC/Staffordshire	AAA/CAU	04:24.19
3	617	Montana JONES	Aldershot Farnham & Dist AC/Surrey	AAA/CAU	04:24.50
4	627	Louise SMALL	Aldershot Farnham & Dist AC/Hampshire	AAA/CAU	04:28.42
5	613	Charlotte GREEN	Bristol & West AC/Avon & Somerset	AAA/CAU	04:30.57
6	622	Mia O'CONNELL	Cheltenham Harriers/Gloucestershire	AAA/CAU	04:30.90
7	628	Rebecca STRAW	Worcestershire	CAU/AAA	04:31.63
8	626	Gemma SHEPHERD	Team Bath AC/Wiltshire	AAA/CAU	04:32.66
9	629	Naomi TASCHIMOWITZ	Taunton AC/Avon & Somerset	AAA/CAU	04:33.93
10	615	Gemma HOLLOWAY	Essex	CAU/AAA	04:35.00
11	868	Kathleen FAES	Kent	0	04:38.98
12	620	Sarah MACKNESS	Telford AC/Shropshire	AAA/CAU	04:46.99

16:00 T59 Men 1 Mile - Final

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	209	Nick GOOLAB	Belgrave Harriers	AAA	04:08.09
2	205	Jonathan DAVIES	Berkshire	CAU/AAA	04:08.53
3	212	Jack HALLAS	Yorkshire	CAU/AAA	04:08.87
4	221	Phil SESEMANN	Kent	CAU/AAA	04:09.56
5	218	Samuel MITCHELL	Notts AC/Combined Services	AAA/CAU	04:09.97
6	210	Scott GREEVES	Norfolk	CAU/AAA	04:10.85
7	211	Gilbert GRUNDY	Guildford & Godalming AC/Surrey	AAA/CAU	04:11.34
8	223	Michael WILSMORE	Bristol & West AC/Devon	AAA/CAU	04:11.35
9	199	Ben ALCOCK	Bedfordshire	CAU/AAA	04:13.69
10	202	Tom BOWERMAN	Aldershot Farnham & Dist AC/Hampshire	AAA/CAU	04:13.98
11	208	Alex GOODALL	Buckinghamshire	CAU/AAA	04:14.05
12	200	Matthew BENNETT	Hampshire	CAU/AAA	04:22.69
13	224	Keiran WYE	Buckinghamshire	CAU/AAA	04:24.67
14	214	Graham HOGG	Trafford AC	AAA	04:24.87
15	219	Oliver PARK	Cambridgeshire	CAU/AAA	04:25.39

16:20 T61 Men 200m - Final

UK Best: John Regis, Belgrave H, 19.87s, Sestriere (IT), 1994

AAA CBP: Marlon Devonish, Coventry Godiva H, 20.18s, 2002

CAU Meeting Record: Doug Walker, East Dist. Scotland, 20.47s, w, 1998/Chris Clarke, Bucks, 20.62, +1.6, 2014

Wind = +0.0 m/s

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	107	Antonio INFANTINO	Shaftesbury Barnet Harriers/Hertfordshire	AAA/CAU	21.13
2	46	Tommy RAMDHAN	Shaftesbury Barnet Harriers/Kent	AAA/CAU	21.15
3	68	Andre WRIGHT	Kent	CAU/AAA	21.46
4	97	Theo CAMPBELL	Bristol & West AC/Avon & Somerset	AAA/CAU	21.61
5	95	Omololu ABIODUN	Essex	CAU/AAA	21.74
6	37	Demetric NELSON	Yorkshire	CAU/AAA	21.84
DNS	98	Chris CLARKE	Buckinghamshire	CAU/AAA	
DNS	101	Roy EJIAKUEKWU	Sale Harriers Manchester/Greater Manchester	AAA/CAU	

15:00 F30 Men & Women Discus Disability/Seated - Straight Final

POS	BIB	ATHLETE	CLUB/COUNTY	CHAMPS	PERF
1	987	Robin WOMACK	UKNetrunner	IPC/F55	30.22
2	995	Mike BARKER	Wolverhampton & Bilston AC	IPC/F55	25.46
3	986	Kieran TSCHERNIAWSKY	Charnwood AC	IPC/F33	25.08
4	993	Marie HAWKESWOOD	-	IPC/F55	18.02
5	992	Claire HARVEY	Ashford AC	IPC/F55	17.62
6	999	Dzaier NEIL	Weir Archer Academy	IPC/F52	8.23

16:00 F31 Women Javelin - Final

UK Best: Goldie Sayers, Belgrave H, 66.17m, Crystal Palace, 2012

AAA CBP: Kelly Morgan, Army, -, 2002

CAU Meeting Record: Goldie Sayers, Cambs, 63.15m, 2010

<i>POS</i>	<i>BIB</i>	<i>ATHLETE</i>	<i>CLUB/COUNTY</i>	<i>champs</i>	<i>PERF</i>
1	845	Laura WHITTINGHAM	Sale Harriers Manchester/Yorkshire	AAA/CAU	51.15
2	746	Freya JONES	Southampton AC/Hampshire	AAA/CAU	50.03
3	664	Joanna BLAIR	Luton AC/Bedfordshire	AAA/CAU	48.51
4	821	Rosie SEMENYTSH	Sale Harriers Manchester/Berkshire	AAA/CAU	46.95
5	798	Kike ONIWINDE	Enfield & Haringey AC	AAA	46.48
6	777	Eloise MEAKINS	Herts Phoenix AC/Hertfordshire	AAA/CAU	46.39
7	851	Laura BRITANE	Thames Valley H/Middlesex	AAA/CAU	43.92
8	683	Emma CHRISTMAS	Havering AC/Essex	AAA/CAU	41.25
9	894	Hollie ARNOLD	FDSW	IPC/F46	40.29
10	657	Ellen BARBER	Avon & Somerset	CAU/AAA/	39.50
11	700	Sarah-Anne DE KREMER	Leicestershire & Rutland	CAU/AAA	35.78
12	711	Caroline GARRATT	Sussex	CAU/AAA	34.55

UK CAU INTER COUNTIES League Positions



2016	Mens Teams		Womens Teams
	Division 1		Division 1
1	Berkshire	1	Avon & Somerset
2	Cambridgeshire	2	Berkshire
3	Essex	3	Essex
4	Hampshire	4	Greater Manchester
5	Hertfordshire	5	Hampshire
6	Kent	6	Hertfordshire
7	Leicester & Rutland	7	Kent
8	Middlesex	8	Leicestershire & Rutland
9	Nottinghamshire	9	Middlesex
10	Surrey	10	Surrey
11	West District Scotland	11	Sussex
12	Yorkshire	12	Yorkshire
	Mens Teams		Womens Teams
	Division 2		Division 2
1	Avon & Somerset	1	Bedfordshire
2	Bedfordshire	2	Buckinghamshire
3	Buckinghamshire	3	Cambridgeshire
4	Derbyshire	4	Derbyshire
5	Devon	5	Dorset
6	East District Scotland	6	East District Scotland
7	Humberside	7	Lancashire
8	Merseyside	8	North Wales
9	Norfolk	9	Nottinghamshire
10	Sussex	10	Warwickshire
11	Warwickshire	11	West Wales
12	West Wales	12	Worcestershire
	Division 3		Division 3
1	Cheshire	1	Cheshire
2	Combined Services	2	Cornwall
3	Cornwall	3	Devon
4	Dorset	4	East Wales
5	Gloucestershire	5	Gloucestershire
6	Greater Manchester	6	Humberside
7	Lancashire	7	North District Scotland
8	North Eastern Counties	8	North Eastern Counties
9	Northern Ireland	9	Northamptonshire
10	Staffordshire	10	Northern Ireland
11	Suffolk	11	Staffordshire
		12	Wiltshire
	Division 4		Division 4
1	Cumbria	1	Combined Services
2	East Wales	2	Cumbria
3	Herefordshire	3	Herefordshire
4	Lincolnshire	4	Lincolnshire
5	North District Scotland	5	Merseyside
6	North Wales	6	Norfolk
7	Northamptonshire	7	Oxfordshire
8	Oxfordshire	8	Shropshire
9	Shropshire	9	South Wales
10	South Wales	10	Suffolk
11	Wiltshire	11	West District Scotland
12	Worcestershire		

MEN		
Division	County	TOTAL
1	Essex	65.5
1	Surrey	51
1	Hampshire	48.5
1	Middlesex	47
1	Berkshire	38
1	Yorkshire	37.5
1	Kent	37
1	Hertfordshire	36
1	Nottinghamshire	32
1	Cambridgeshire	23
1	Sussex	18
1	Derbyshire	15
2	West District Scotland	26
2	Leicestershire & Rutland	21
2	Avon & Somerset	15
2	Buckinghamshire	12
2	Warwickshire	9
2	West Wales	9
2	Merseyside	8.5
2	East District Scotland	6
2	Humberside	4
2	Bedfordshire	2.5
2	Dorset	0
2	Gloucestershire	0
3	Norfolk	13
3	Devon	9
3	Northern Ireland	9
3	Suffolk	9
3	North Eastern Counties	8
3	Staffordshire	7
3	Greater Manchester	6
3	Lancashire	4
3	Cornwall	0
3	Oxfordshire	0
3	South Wales	0
4	Combined Services	21.5
4	Cheshire	10
4	North District Scotland	5
4	Northamptonshire	3
4	Worcestershire	1
4	Cumbria	0
4	East Wales	0
4	Herefordshire	0
4	Lincolnshire	0
4	North Wales	0
4	Shropshire	0
4	Wiltshire	0

WOMEN		
Division	County	TOTAL
1	Yorkshire	62
1	Surrey	56.5
1	Essex	55
1	Sussex	49
1	Kent	48
1	Middlesex	34
1	Berkshire	30
1	Avon & Somerset	27
1	Hampshire	20
1	Hertfordshire	20
1	Buckinghamshire	10
1	Warwickshire	5
2	Leicestershire & Rutland	23
2	Greater Manchester	15
2	Worcestershire	15
2	North Wales	13
2	Bedfordshire	10
2	East District Scotland	10
2	Nottinghamshire	10
2	Lancashire	9
2	West Wales	9
2	Cambridgeshire	6
2	Northern Ireland	5
2	Humberside	0
3	Derbyshire	14
3	Dorset	14
3	Cheshire	12
3	Staffordshire	8
3	Northamptonshire	5
3	Cornwall	3.5
3	North District Scotland	1
3	Wiltshire	1
3	Devon	0
3	East Wales	0
3	Lincolnshire	0
3	Merseyside	0
4	Gloucestershire	18
4	North Eastern Counties	12
4	Norfolk	7
4	West District Scotland	7
4	Oxfordshire	6
4	Combined Services	0
4	Cumbria	0
4	Herefordshire	0
4	Shropshire	0
4	South Wales	0
4	Suffolk	0